

Granite City Journal

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THIRTY-FIVE CENTS

EPA's plan here unchanged Last-minute appeal for more study too late

By Mike Myers
Staff writer

GRANITE CITY — The U.S. Environmental Protection Agency's decision to stand fast in its proposal for removing lead-contaminated soil is venting the wrath of local leaders. "I think it's absolutely ridiculous," Mayor Von Doe Cruse said. "It really worries me when people are willing to spend \$25 million on a project that goes against the overwhelming opinion of scientists in the field. It just doesn't make sense."

At the request of Cruse, Mayor John Bellcoff of Madison and Mayor Tyrone Echols of Venice, U.S. Rep. Jerry Costello tried to get a last-minute extension of the EPA's deci-

sion, but Costello spokesman Brian Lott said it came too late.

"Basically, they thanked Matt (Melucci, Costello's chief of staff) for calling, but said a decision had already been made," Lott said.

The decision regarding the Superfund cleanup of the Taracorp site was released Monday.

Cruse promised the battle isn't over, that he will continue to push for help from congressmen and senators, but Lott said he isn't sure how effective congressional actions would be since the EPA is an executive department directly under the President.

"It's like the base closings," Lott said. "A lot of influential members of Congress got up

to fight it, but it was to no avail." It may be possible to consider ways of shaping the plan.

But in the past, like the base closings, it has proven extremely hard to put a complete halt to an executive-branch plan.

The mayors' request came after a meeting with toxicologists from the University of Illinois who proposed a program of chemically neutralizing lead in soil, rendering it harmless to humans and animals.

The EPA's plan calls for removal of the top six inches of soil in a 55-block area of Granite City and Madison where the lead level is found to exceed 500 parts per million. It also calls for removal of contaminated battery casings used as paving material in alleys in Venice and as fill in Eagle Park. Most other paved areas are excluded from removal by the plan.

All the contaminated material would be added to the present Taracorp pile, making it approximately twice as large, and the pile would then be sealed.

In response to an earlier request by Costello and the mayors, the EPA did add blood lead testing for residents to its "record of decision."

"But they've already said they're not going to use the results," Cruse said. "They're only doing it because we were yelling about it."

At a similar lead contamination site in Alaska, the EPA proceeded with cleanup plans despite a blood lead study that showed no significant contamination of the residents.

The only other major addition to the original plan is development of contingency plans for contaminated now-covered soil that may be exposed by future development.

This particularly applies to downtown Granite City, which lies wholly within the boundaries of the contaminated area.

Cruse said the EPA "has a battle on its hands" and now is the time to get together with Costello and senators to fight the EPA's plan.

"They're not going to start for about two years, so it gives us time to petition against the federal government," Cruse said.

What really worries me is, if they are allowed to do this to Granite City, set a level of 500 ppm in the soil, then what is the effect on other communities?

"If they spend \$25 million, against scientific fact, not just here but at all the sites where there is 500 ppm of lead, this could be more money than the national defense budget."

Mayors told lead could be neutralized in soil safely

GRANITE CITY — Area mayors feel the possibility of neutralizing lead in contaminated soil is one that should be thoroughly investigated before the EPA arrives.

Mayors Von Doe Cruse of Granite City, John Bellcoff of Madison and Tyrone Echols of Venice were presented with the possible alternative to digging up yards at a meeting last week with toxicologists from the University of Illinois. The meeting was set up by state Rep. Sam Wolf.

But Brad Bradley, the U.S. EPA's project manager for the Taracorp cleanup, has said in the past he is aware of lead neutralization programs in other places.

Bradley said neutralization wouldn't apply to Taracorp because it is in a populated area. He said neutralization has only been practical in rural areas and is not a proven process.

"I think (Bradley's) crazy," said Dr. William Buck, a professor of toxicology at the University of Illinois. "There have been at least eight to 10 articles over the past 15 years that have shown it is a proven method."

Buck, who met with the mayors last week, said adding a mixture of lime and phosphates to the soil not only makes it unavailable to humans, but actually makes the lead impossible to extract chemically. He said he personally used the method on

1,000 acres surrounding a lead smelter in Oklahoma.

In the Granite City area, Buck said, if he were in charge he would first do studies to "collect the basic information the EPA has neglected to collect," such as blood lead levels and detailed soil lead levels. Buck said he would also collect blood lead samples from dogs and cats in the area.

"Blood lead levels in dogs have been proven as sentinels of a problem," Buck said. "And cats would give an even more accurate indication of what is actually happening in humans."

Then, Buck said, lime and phosphate would be disked into the yards, perhaps with some more soil.

"Not only would the lead become neutralized, the lime and phosphates would make the grass grow better and result in very nice lawns," he said.

Buck said his plan would "absolutely" be cheaper than the EPA's. He said it would also be safer in the long run because soil removal would stir up dust or create mud and end up spreading the contaminated soil.

Also, he said, the EPA plan creates a huge pile of contaminated material "right in the middle of town" that will eventually develop cracks, allowing lead to leach out of the pile.

Steelworkers strike American Steel

By Mike Myers
Staff writer

GRANITE CITY — The 211 steelworkers at American Steel Foundries went on strike at midnight Sunday.

The members of United Steelworkers of America Local 1063 voted Saturday to reject the company's final contract offer and strike when the contract expired. Steelworkers at the company's other three plants, located in Indiana and Ohio, also voted to strike.

The main issue concerns health insurance, according to Paul Aldridge of the international headquarters of the United Steelworkers of America.

Under the company proposal, beginning Jan. 1, 1990, the union workers and retirees would have to share increases in the cost of insurance. Workers and retirees would also have higher deductibles, while eliminating an out-of-pocket expense ceiling.

Aldridge said no further negotiations are scheduled.

Granite City Works Manager Bill Donovan said he hadn't heard of any further negotiation meetings, although he said he

AMERICAN STEEL FOUNDRIES
GRANITE CITY WORKS



MEMBERS OF LOCAL 1063, Richard Feldman, left, and Paul Rickhoff picket in front of American Steel Foundries on Monday. The steelworkers went on strike at midnight Saturday at all four American Steel locations.

Demos chose Bellcoff

EDWARDSVILLE — Mayor John N. Bellcoff of Madison was unanimously elected as chairman of the Madison County Democratic Party at the party convention Monday night in the County Courthouse.

Bellcoff was chosen by acclamation, as the party showed a unity that has been rare in recent years. Bellcoff noted that all the other party officers for the coming year were also elected by acclamation.

"There was no roll call vote," he said.

George Donohoo of Wood River was re-elected executive vice chairman.

Ed Vonnard, mayor of Alton, was re-elected as vice chairman. Also elected vice chairman were Bob Stille of Edwardsville and Bill Rekowski of Collinsville.

Steve Davis of Wood River was re-elected treasurer, and Rose Chadwick of Collinsville was elected secretary.

School's contribution of \$100 may be illegal

By Meg Tebo
Staff writer

GRANITE CITY — The District 9 school board voted last week to donate \$100 to a fund for a seriously ill Niedringhaus School student, but officials say the contribution of tax money for that purpose may not be legal.

Board Vice President Paul Ray Bowler made the motion just after the board approved

allowing flyers to be distributed in the schools, advertising a benefit dance for Shaun Rhodebeck, who will travel to Boston soon for treatment of a rare intestinal disorder.

A question was raised when the motion was made, but Bowler insisted that the board can do as it wishes with what he termed the board's "discretionary fund."

(See SCHOOL, Page 8A)

Inside Your Journal Today Sun Launches Bingo II

B-00000

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Game 5	4 18 28 31 32 33	50 51 52 53 54 55
Game 6	4 19 31 32 33 34	51 52 53 54 55 56
Game 7	3 11 31 32 33 34	55 56 57 58 59 60
Game 8	5 14 29 31 32 33	54 55 56 57 58 59

Your Journal today includes a card for playing all eight weeks of the St. Louis Sun's new Bingo II extravaganza, offering \$150,000 in prize money.

Bingo II competition will start Saturday, when the first numbers appear in the St. Louis Sun's weekend edition.

The new Bingo game follows on the heels of Bingo I, which was completed last month with \$102,250 in prizes to 833 winners.

The weekly games have 27 spaces, three rows down by nine rows across. Fifteen spaces have numbers and the remaining spaces are blank.

The object is to circle numbers matching those published in the Sun during the course of a week. Individual games run from Saturday through Friday.

Anyone who can circle all 15 numbers on a game by week's end wins a portion of a \$10,000 weekly jackpot. If there are 10 winners in a week, each will receive \$1,000. If only one person reports a winning card, he or she wins all \$10,000 for that week.

In addition, Bingo players also can win for being "lucky." Ten "lucky numbers" will be published daily, and anyone whose Bingo card bears one of these numbers automatically wins \$100.

At the end of the eight-week game period, one person will take home a \$20,000 grand prize awarded in a random drawing.

Winners should call the Sun's Bingo Hotline 621-0000 to verify their numbers. The line is open from 8:30 a.m. to 5 p.m., starting Monday. At the end of the eight-week game period, one person will take home a \$20,000 grand prize awarded in a random drawing.

Cards are available also in the Sun's lobby starting Monday. Only one card will be given to each visitor each day.

Reviews and previews

Hearing to review city development

A public hearing to discuss a new Comprehensive Development Plan for the city will be held at 7 p.m. Thursday at the Granite City Township Hall. The plan is designed to set city policy concerning how and where the city should grow. Among the goals is a plan to maintain the central business district as a viable center for the community.

Madison County S&L sale likely

Madison County Federal Savings and Loan will probably be sold in the next three months, according to a spokesman for the federal agency overseeing the operation of the troubled financial institution. It is also possible that deposits will be transferred to another savings and loan or that the firm will be liquidated, said Stanley Gish of the Resolution Trust Corp. office in Kansas City.

Tip of the hat

Continuing to teach

Dotty Weiss has been an educator for most of her adult life. She started by teaching elementary school students. For the past 11 years, she's been teaching real estate courses to adults. Weiss has trained more than 2,000 people in the skills of selling real estate. For the last five years, she has been the training director for Century 21 of Missouri Inc., which encompasses Missouri, Kansas and southern Illinois.



Dotty Weiss

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Deaths

Edna Dorris
Myrtle Jackson
Trula Martin
John Meszaros
Anna Peticost
Katie Pruitt
Claudia Ream
Donald Wickham
Mary Williams

Sentencing set for Henkhauses

Two sons of Madison County Treasurer Mike Henkhaus will be sentenced May 9 after one received a finding of guilty on two felony counts and the other entered a guilty plea on two misdemeanor counts Friday in connection with an attack on Deron McKee, 22, of Bethalto on May 12, 1989.

At a 45-minute hearing in St. Clair County, Associate Judge James Radcliffe entered a finding of guilty for Michael Henkhaus, 20, of Alton on counts of

aggravated battery, a Class 3 felony, and obstruction of justice, a Class 4 felony.

Henkhaus agreed to the facts presented by Madison County Assistant State's Attorney Rich Rybak and waived a trial.

Radcliffe ordered a presentence investigation. A Class 3 felony can carry a sentence of up to five years in prison and a Class 4 felony is punishable by up to three years in prison. Fines of up to \$10,000 are possible on each count.

Judge Radcliffe left open the possibility of "enhancement," which would double the maximum amount of time in prison.

At the same hearing, Matthew Henkhaus, 19, of Roxana, brother of Michael, entered a plea of guilty to two counts of battery, each a Class A misdemeanor stemming from the same incident.

Madison County State's Attorney William Haine said his office will seek a prison sentence for Michael Henkhaus.

Thief strikes out 4 times then scores

GRANITE CITY — It appeared to be a case of "If at first you don't succeed, try, try again."

A car thief apparently had to tamper with five vehicles in the early morning hours of April 1 before he finally got away with one.

The vehicles were all parked in the 3100 block of the Kirkpatrick Homes. The four vehicles the car thief left all had their ignitions tampered with.

The fifth — which was stolen — belonged to Mark Pollard

of Irving, Texas. The car was a two-door, dark blue 1989 Volkswagen Fox GL.

The other cars belonged to Denzel Stephens, Rick Dittich, Theresa Nable and Bonnie Menz. All of the Kirkpatrick Homes.

What to do when an accident occurs

The following is from the Office of the Secretary of State:

More than 515,000 motor vehicle accidents were reported to the Illinois Department of Transportation in 1988. If you are involved in an accident, do the following things:

• Stop your vehicle in a safe place.

• Use your four-way emergency flashers or flares to warn approaching motorists.

• Help any injured person if necessary or requested. Protect the victim from traffic, and cover him with a blanket for comfort and to avoid shock. Then call for a doctor or an ambulance.

• Do not move the victim unless there is a risk of fire or further injury. Guard against fire by turning off the ignition or disconnecting the battery cable. Do not attempt first-aid unless

you have received proper training.

• Exchange names, addresses, telephone numbers, driver's license numbers and license plate numbers with the other drivers. You can use the form in the back of the Rules of the Road booklet to record information. The Rules of the Road is available at any driver services facility.

• Notify the police as quickly as possible.

• Send an accident report to the Department of Transportation within 10 days if the accident results in death or bodily injury, or more than \$200 in property damage. Accident report forms usually can be obtained from police departments and insurance companies.

Woman fights off male attacker

A 47-year-old Granite City woman fought off a man who tried to enter her car at about 10:49 p.m. April 1 while she was making a phone call from her car at the Sonic Service Station, 1817 Madison Avenue. When the man reached in through the partially open driver's window, she drove off.

The man was described as white, 5 foot 10 inches tall with a slight build, and wearing a brown cap, blue jeans and blue jean jacket.

Car damaged

Brett A. Williams of Granite City reported that somebody broke a window in his car while it was parked in the 2100 block of State Street during the night of April 1-2.

Stereo stolen

Robin Mountbarr of Hampton, Va., in town visiting a relative who lives in the 2500 block of East 23rd Street reported the theft of a car stereo and two speakers from her car during the night of April 1-2.

Burglaries reported

Carolyn A. Burhart reported that somebody burglarized her pickup truck during the night of April 1-2 while it was parked outside her residence in the 2100 block of State Street. Taken was a radar detector with a value of \$90.

Ken Dewitt reported that somebody broke the window of his car while it was parked outside his residence in the 2400

Granite City

block of St. Clair Avenue during the night of April 1-2. Taken were a \$100 radar detector and three cassette tapes.

Somebody entered Snyder's Towing Service, 2100 Rock Road, through a boarded-up window March 31 and took a coffee pot and cookies, it was reported.

Tools taken

Robert L. Carroll of the 2000 block of Dewey Avenue reported that somebody took a tool box and tools valued at \$500 from the bed of his pickup truck March 12.

Connie S. Stugard of the 2100 block of Benton Avenue reported that somebody kicked in her back door on the evening of April 1 and took a \$500 TV and a \$300 VCR.

Patricia Louie of the 2300 block of Sunset Drive reported that her car was burglarized during the night of March 31-April 1. Taken were seven cassette tapes valued at \$54.

Pistol taken

John Bonea of the 2500 block of East 20th Street reported the theft of a .375 Ruger handgun from his car while it was parked outside his residence between midnight and 4 a.m. April 1.

Arrested on warrants

Glenon Brownson, 43, address unknown was arrested shortly

before midnight March 31 at St. Elizabeth Medical Center after hospital workers complained about a disturbance. Police found an active warrant on Brownson for failure to appear to face a charge of disorderly conduct. He was transferred to the Alton Police Department where the warrant had originated.

Philip T. Copeland, 19, of the 2400 block of Illinois Avenue was arrested at 1:20 a.m. March 31 by police responding to a report of a street disturbance. He was charged with failure to appear in court to face a charge of driving under the influence of alcohol. Copeland was transferred to the Madison Police Department, where the warrant originated.

Has brother arrested

A resident of Kirkpatrick Homes had her brother arrested April 1 after he broke a window to her apartment. Arrested and charged with criminal damage to property was Michael T. Signorelli, 24, also of Kirkpatrick Homes.

School vandalized

Somebody broke five windows in Marshall School, 2700 Marshall Ave., at about 6:30 p.m. April 1.

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The Wednesday Granite City Journal and the Sunday Home Journal are free distribution products that are also available by mail each week to out-of-town residents, 6 months for \$68.90; 12 months for \$137.80.

Advertising Deadlines:

Display: Sunday issue - Thursday at 3 p.m.
Wednesday issue - Friday at 3 p.m.
Thursday issue - Tuesday at 3 p.m.

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Briefly

Kids invited to zoo

The St. Louis Zoo Friends Association is welcoming the new season by inviting all St. Louis area children to a learning and fun experience at the St. Louis Zoo on Saturday, April 7, from 1 p.m. to 3 p.m.

Titled "Celebrate Spring," the free event will provide lively informational exhibits and activities as well as a chance to enjoy the antics of clowns, face painters and other entertainers.

Children will be able to participate in the many activities by following maps to the various buildings, where exhibits and displays oriented to animals and their behavior in springtime will be available.

Bio-fact carts will be stationed around the grounds, attended by Zoo representatives, who will explain the informational material on their carts. Many of these carts will show off small animals that children can pet.

On the fun scene, Smokey the Bear and Otis the White-Footed Deer Mouse will greet the children and pose for pictures with them. Clowns, face painters, storyteller Susie Dreyfus and the St. Mary's High School Band will also entertain.

Candy treats will be available for all children after they complete their map route at the Zoo.

Contract for I-270 work

The Illinois Department of Transportation has awarded a contract to Korte-Plocher Construction Co. Inc. of Highland for improvements to an overpass carrying westbound Interstate 270 above Illinois Route 111 in Madison County.

The overpass is east of Mitchell.

The \$100,188 contract includes repairs to the overpass involving the removal and replacement of damaged steel beams and the concrete deck.

Work on the overpass will begin in April, with completion scheduled for mid-May.

Lamaze classes to start

The Obstetrics Department at St. Elizabeth Medical Center, 2100 Madison Ave., is offering classes in the Lamaze method of birthing for expectant fathers and mothers during the last three months of pregnancy.

Classes are provided as a community service and meet in the Prenatal Classroom on the second floor of SEMC's Going Strong Wellness Center, 2103 Iowa St., across from the medical center.

The six-week series of classes includes relaxation and breathing techniques, discussion of labor and delivery, medications, Caesarean sections, an introduction to parenting and breastfeeding, and a tour of the OB Department. Preregistration is required.

Tuesday sessions will begin on April 10, Wednesday sessions will begin on April 11 and Thursday sessions will begin on April 12. All sessions will meet from 6:30 p.m. to 9:30 p.m.

Those parents who have had the Lamaze class within the past two years and are expecting another child should plan to attend the first evening of the Lamaze class, a spokesman said. An instructor will assist in determining which of the other classes should be attended.

Women anticipating their second or third Caesarean section should attend the fifth evening of any Lamaze series.

For more information or to register, the Obstetrics Department can be called at 798-3040.

Chief retires for 'money'

By Mike Myers
Staff writer

VENICE — Police Chief Farris Smith's retirement at the end of the month is a matter of money.

"To be honest, the pay is low," Smith said. "I got the opportunity for better job security at better pay and I took it."

"I've got my 20 years in for retirement and I can't go any further. You can't go any higher than chief."

Smith, who will go to work for the security

division of Granite City Steel, has been police chief for 11 years. He said Venice has lost a lot of police officers to other jobs in the last few years, but asked "What can (the city) do? They've only got so much in revenues."

"It's a good place to work and I enjoyed it," he said. "If the salary were higher I might have stayed."

Smith said that, although the retirement isn't effective until April 30, he is using up his vacation and has essentially left the department except for occasionally doing

some paperwork.

Smith said he started to work at Granite City Steel on Tuesday.

"One good thing is I'll be working an eight-hour day and going home," Smith said. "Being chief was a 24-hour job."

Smith said Mayor Tyrone Echols hadn't approached him about naming a replacement and Smith said he had no idea who Echols might have in mind.

"But whoever he appoints, I'll be around to help," Smith said.

Pontoon plans 10 'wish list' projects

By Dick Mann
Correspondent

PONTON BEACH — A proposal for 10 projects using Community Development funds was presented to the Village Board on Tuesday by Trustee Robert Douglas, chairman of the Community Development Committee.

The "wish list" of projects was drawn up as the result of a March 24 committee meeting.

The trustees voted to place the list on file.

The proposed projects are:

- Construction of sidewalks on Pontoon Road from Cargill Road east to Illinois 111. Douglas estimated the cost at \$90,000.

- An extension of Engineer Road from Chouteau Trace west to the village limits.

- An upgrade and extension of East Pontoon Road from Illinois 111 to the east.

- A trash cleanup project within neighborhoods in the village.

- Construction of a park in the Oatmont area.

- Demolition of derelict housing throughout

the village.

- Straightening of Lake Drive at Pontoon Road.

- Construction of sidewalks on Lake Drive from the 3500 block of Lake Drive to Pontoon Road.

- Purchase of an emergency generator and a recording system for emergency calls.

- A donation toward improvements at the Chouteau Township Senior Citizen Park, located on Thorngate Drive near the Chouteau Senior Citizen Center, at an approximate cost of \$1,000 to \$1,500.

Officer's dismissal sought for cocaine

EDWARDSVILLE — Authorities will seek the dismissal of a correctional officer sentenced to probation for selling crack cocaine.

Richard King, 42, of Venice, was sentenced to a year of intensive-supervision probation and two years of regular probation Friday after pleading guilty to unlawful delivery of

a controlled substance.

King was suspended without pay from his job as a correctional officer at the Madison County Jail after his arrest.

Madison County Sheriff Bob Churchill will ask the department's merit commission to discharge King because of the conviction,

Chief Deputy Sheriff Bud Galloway said.

King admitted selling crack cocaine to an undercover drug officer July 6, 1989.

Circuit Judge Andy Matoesian also ordered King to pay \$120 restitution and to serve the last six months of his probation in jail. The jail sentence is subject to later review.

Tourism bureau asked for investigation

By Ed Gurney
Staff writer

The Southwestern Illinois tourism bureau asked the Illinois State Police to conduct an investigation when a special audit revealed "problems" in the 1988-89 fiscal year, according to board member Bill Berry.

Captain Bob Crites of the state police Division of Internal Investigation said Friday that the probe has been under way for several weeks.

Neither Berry nor Crites would elaborate on the alleged problems.

There have been allegations of questionable spending practices by the bureau, which currently promotes tourism in an eight-county

area, including most of Madison County.

"We looked at it internally and turned it over to the authorities," Berry said.

The bureau's former administrative assistant, Deborah Davis, said in December that she was told an audit revealed \$16,000 was unaccounted for in 1988-89.

Crites said the Division of Internal Investigation is investigating because state tourism grant money could be involved. The probe could also involve the expenditure of local funds, he said.

The state police Division of Criminal Investigation is assisting the DII, according to Crites.

If criminality is found, the results of the

investigation will be turned over to the Madison County state's attorney's office, he said.

A report will also be given to the agency itself.

The special audit by the bureau is separate from the regular 1988-89 audit, which was turned over in March 1990 to the Illinois Department of Commerce and Community Affairs. The DCCA administers the tourism grant program.

Neither audit has been made public.

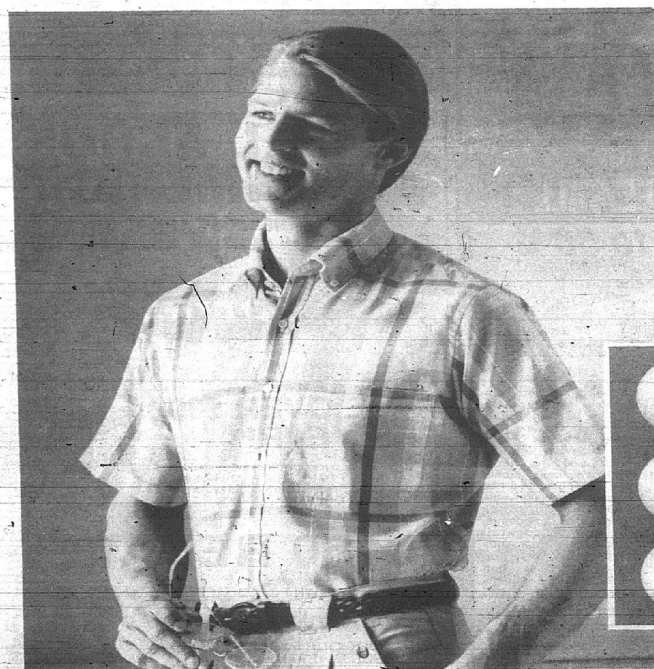
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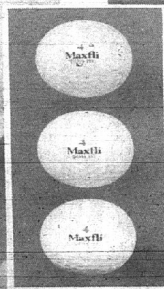
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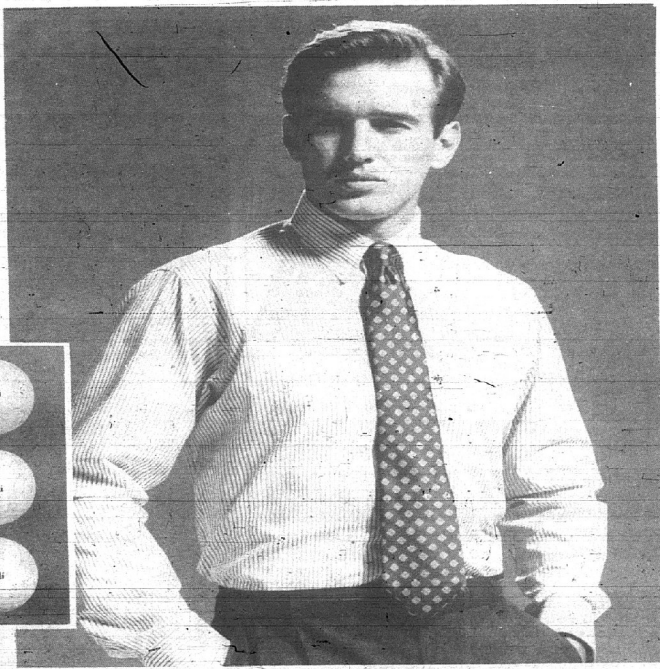


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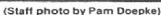


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Briefly

Summer institute for teens

If you're a teen interested in a career in agriculture, state Rep. Ron Stephens, R-Troy, encourages you to apply for a week-long institute this summer.

The 1990 Illinois Agricultural Youth Institute offers a chance for 100 high school sophomores, juniors and seniors to attend its "Agriculture — The Future is Now" session from June 25 to 29.

This program offers a chance to learn more about career opportunities, see new technologies and innovations, and speak to young "ag" professionals, and the week is expense-free to the delegates," Stephens said. "Ag-related jobs employ more Illinoisans than any other industry. These institutes, started in 1981, offer teens a chance to see agriculture's potential."

He urges interested youths to apply before the April 13 deadline. Information and applications can be obtained by calling the Department of Agriculture at (217) 785-4507.

Ponderosas aid Easter drive

Five area Ponderosa steakhouses are holding a hatch-an-egg campaign to help the Easter Seal Society of Southwestern Illinois. It will run through April 15, Easter Sunday. Patrons can buy a plastic egg for \$1, which goes directly to the Easter Seal Society. Each egg contains Ponderosa coupons.

The participating steakhouses are located in: Alton, Belleville, Fairview Heights, Granite City and Wood River.

Last year these five raised a total of \$4,447, the largest amount contributed to a single Easter Seal Society in Illinois.

In 1989, a total of 389 Ponderosa steakhouses participated in the drive in 17 states and raised over \$153,000. This year, 514 Ponderosas in 22 states have joined in an effort to raise \$250,000 for Easter Seals.

Proceeds from this event stay in the city where they were raised, enabling Easter Seals to provide direct services to children and adults with disabilities who reside in Calhoun, Greene, Jersey, Macoupin, Madison, Monroe and St. Clair counties.

The Easter Seal Society of Southwestern Illinois served over 1,300 clients last year. The Society is headquartered in Alton, with satellite centers in Granite City and Belleville.

Bridges falling down, airports too congested, Gephardt says

By Sabrina Eaton
Staff writer

WASHINGTON — Traffic snarls in Festus, flight delays at Lambert-St. Louis International Airport and decrepit bridges all over his state, Missouri, show the need for more national investment in infrastructure, House Majority Leader Richard A. Gephardt said March 29.

Testifying before the House Committee on Public Works and Transportation, Gephardt predicted that a worsening transportation system will hurt the economy and reduce the U.S. standard of living.

"America now stands at a crossroads," he said.

"We can either choose the path of disinvestment in the physical structures which encompass the fiber of our economy — or we can address the problems of failing infrastructure while they are still at a manageable and somewhat affordable level," Gephardt said.

He said 21 airports, including Lambert, experience an average of 55 hours of aircraft delay every single day of the year. The Federal Aviation Administration expects problems will worsen soon without major improvements, he added.

"St. Louis' Lambert Field currently has a proposal pending before the FAA to add three new runways and expanded gate facilities," Gephardt said.

"Approval of the project would infuse an estimated \$4 billion into the local economy annually. Without it, the airport will choke on a capacity problem that is expected to almost double in volume within 20 years."

The federal highway system should evolve around areas of demographic growth, he said.

Gephardt added that some areas are experiencing "unbearable traffic snarls simply because there may be only one thoroughfare providing access to an interstate (highway)."

"Festus, is dealing with a problem of just this nature," said Gephardt.

"Because of a narrow, two-lane overpass on Route 21A leading directly from nearby Inter-

state 55, it creates chronic congestion problems that local residents must fight daily."

Mass transit systems, such as the Metro Link system being planned that would link St. Louis and Lambert Field, is an effective way to deal with congestion, and to support energy conservation and clean air, he said.

"The nation's growing bridge crisis is an area of concern that is worthy of mention here," Gephardt said.

"Almost half the country's bridges are deemed structurally substandard. And I am alarmed to tell you that in Missouri, almost 70 percent of the bridges are considered substandard to some degree."

Half require exams

More than half (56.3 percent) of the Illinois firms surveyed require pre-employment physicals for their office staff, according to the Management Association's Personnel Practices Survey.

One-third (32.9 percent) of the firms use a private M.D. while two-thirds (68.4 percent) contract with an M.D. to perform the physical exam.

Nearly half (46.3 percent) have no medical personnel on-site.

The Personnel Practices Survey represents responses from nearly 400 Illinois firms. This survey indicates trends in personnel policies and benefits.

Results are divided into categories: pay practices; working conditions; health and welfare benefits; recruitment; training; employee/community relations; and labor relations.

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P195/70SR14	\$53.00	P215/65SR15	\$65.00
P205/70SR14	\$54.00		
P215/70SR14	\$55.00	SIZE 60 — BLACKWALLS	
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Solid waste will be topic

A live national videoconference dealing with the management of solid waste, "Let's Not Waste the '90s," will be open to the public from 1 to 3 p.m. Wednesday, April 4, at all three campuses of Belleville Area College.

Persons may attend, at no charge, at one of the following campus locations:

Belleville — 2500 S. Carlyle Road, Granite City 4650
Maryville Road, Red Bud — 500 W. South Fourth St.

For more information or reservations, persons may call Proud Partners at 233-2015. Proud Partners is a beautification and civic pride division of BAC.

Elected officials, business and civic leaders, sanitation and public works officials, concerned citizens, and students are being encouraged to attend.

The videoconference will be broadcast live from the U.S. Chamber of Commerce Biznet studio in Washington, D.C. There will be telephone connections to the videoconference.

Panelists will provide a historical perspective on the 1990s disposal crisis and examine factors shaping national and local policy.



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DR. PAMELA GRONEMEYER, new director of Laboratory Services at St. Elizabeth Medical Center.

Heads laboratory services

GRANITE CITY — Dr. Pamela Gronemeyer has been named director of Laboratory Services at St. Elizabeth Medical Center.

Gronemeyer, on staff at the medical center for nine years, is board certified in clinical and anatomical pathology. "I want to continue the level of quality we currently have and continue to investigate new instrumentation and technology. I would like the lab to offer as many tests in-house as are cost-effective," she said.

"This will mean using new technology to automate some of the tests we now process manually."

Dr. Aliman Hawasli, staff pathologist, Lori Stanzel, lab supervisor, and all of the lab associates will be working with me to provide the most accurate, up-to-date and cost-effective tests possible."

Gronemeyer, originally from St. Louis, completed her undergraduate training at Washington University. She graduated from Tufts Medical School in Boston in 1977.

Her first year of anatomic and pathology residency was spent in

Boston. She then completed her second and third years of residency at Jewish Hospital in St. Louis. Her final year of residency was served at St. Louis University Hospital.

"I also want to work on improving our quality assurance program and continue some of the outreach programs we have started offering," she said.

"We can assist the physicians in their test ordering patterns and hemotherapy uses. Through quality assurance, we can make sure the lab is utilized in the best way possible."

The lab recently offered in-service training for SEMC physicians' office staffs, and Dr. Gronemeyer gave a presentation on changes in cytology reporting and quality assurance in the cytology lab.

"We have the technical expertise and knowledge. We intend to explore the idea of setting up a physicians' office laboratory consultation service," she said.

Gronemeyer is chairman of the Infection Control Committee at SEMC. She has been active with the Madison County AIDS Task force since its inception, and is

an active member of the steering committee. She has also worked with many community groups, speaking on AIDS education and management problems.

"I think it is important to go into the community and share the knowledge we have," she said. "This helps the medical center by letting the community see first-hand the quality of personnel we have here."

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Maternity classes to be conducted

St. Elizabeth Medical Center is offering free maternity classes, Early Pregnancy, for women less than six months pregnant, on Mondays, April 16 and 23, from 6:30 to 8:30 p.m. in the Prenatal Classroom on the second floor of the Wellness Center, 2103 Iowa St.

The classes are on nutrition, exercise, breast conditioning, body changes and how the fetus develops. Women may register by calling 739-3040.

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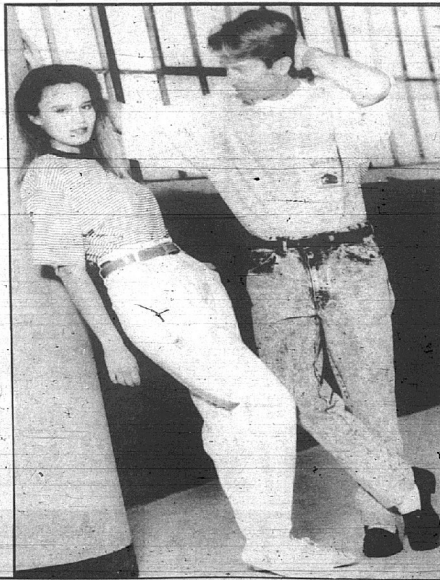
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Briefly

Anti-smoking classes slated

On April 5, 12, 19 and 26, the American Lung Association will sponsor "Freedom From Smoking—Self Help Plus" classes from 7 to 8:30 p.m. at Anderson Hospital, Maryville. The location will be the third floor classroom. Registration is required and the fee is \$25.

On April 4, 5, 11, 12, 18, 19, 25 and 26, prepared childbirth classes are set for 7 to 9:30 p.m. in the Anderson cafeteria. In addition, on April 9, 16 and 30, prepared childbirth classes will be held at St. John's Lutheran Church in Maryville.

An April 7 sibling class will assist parents in preparing children for the arrival of a baby. Two sessions, 10 a.m. to noon and 1 to 3 p.m., will be held in the Anderson cafeteria.

An Anderson Hospital Auxiliary general meeting is set for 7:30 p.m. April 9 in the cafeteria.

On April 10, People Needing People, fighting isolation and alienation of grieving individuals, will meet from 7 to 9 p.m. in the third-floor classroom, as a service of Hospice of Madison County.

On April 12, 19, 26 and May 3, Anderson Hospital and The American Lung Association will sponsor "Freedom From Smoking" classes for Collinsville, Maryville, Glen Carbon, Troy and Edwardsville city employees. The classes are scheduled from 7 to 8:30 p.m. at the Community Room, Village Hall in Glen Carbon, 151 N. Main St. Registration is required and the fee is \$10.

On April 16, the La Leche League will provide information for expectant and breast-feeding mothers from 7:30 to 9 p.m. in Anderson's third-floor classroom.

For women who have undergone mastectomy surgery, Amanda Hale from Rinderer's Pharmacy will show prosthetic wares, bras, bathing suits and nightgowns and will give a fashion show Tuesday, April 17. The meeting is set for 7 p.m. in the hospital's third-floor classroom. SHARE is an open-forum discussion group and there is no fee.

An early-pregnancy class is planned for 9 to 11 a.m. April 21 in the third-floor classroom. Reservations are required.

Also on April 21, a Caesarean birth class will be conducted from 12:30 to 3:30 p.m. in Anderson's cafeteria. Reservations are required.

On April 23, a parenting workshop will offer parents a chance to learn basic parenting skills and will have a discussion of cardiopulmonary resuscitation for choking. Also, a reunion night will be held by parents who have graduated from the prepared childbirth class, at 6:30 p.m.

An Alzheimer's support group will meet at 7 p.m. April 24 at Eden Village Adult Day Care Center, 10 Center Grove Road, Edwardsville.

For information on any of the programs or registration, the Anderson education department can be called at 288-5711, ext. 347.

Census takers count on cooperation

By Michael Pearson
Staff writer

The nation's first census, conducted in 1790, didn't bear much resemblance to the computerized and (officials hope) well-oiled machine of its great, great grandson—the 1990 census.

The first census was conducted by U.S. marshals and their assistants, and recorded on materials provided by the census takers themselves.

In contrast to the copious amounts of demographic information gathered today, the 1790 count took note only of the number of free, white, adult males, females, Indians and slaves—about 3.9 million, the Census Bureau says.

"It was truly a crude pro-

cess," said Mike Hovland, a Census Bureau historian.

This year, an army of census workers—something like 300,000—will make every effort to see that an expected 250 million forms are correctly filled out, processed and tabulated.

This time, the standard 14-question form includes name, address, age and race information.

One of every six families received a more detailed form including questions on income, housing, education, employment, births, transportation and other topics.

By now, many people have received and mailed back a copy of the census form—the product of seven years of work by

Census Bureau officials.

Those officials are making two requests:

"One, we need help, and two, please answer the census," said Linda Cerezo, office manager for one of the census districts in the bi-state St. Louis area.

Cerezo said she needs more temporary census workers to process the census forms expected from area residents. And she hopes to see all of the forms pour into her office. "The more answers we get, the fewer people we have to put out on the streets," Cerezo said.

Even so, she expects her workers to make about 85,500 house calls to visit the up to 30 percent of area residents who won't answer the census, or to

clear up questions on forms already returned.

And all that has to be done by the end of August, when the office is scheduled to close.

Answering the census is required by law, Cerezo said. And it makes sense to answer the once-a-decade questionnaire, she said.

Scores of programs are funded on the basis of census figures, the U.S. House is redistricted, and many federal and private agencies use the data to decide what to do, and where.

Information from individual census returns is kept under wraps for 72 years, and the bureau won't release that information to anyone—not even other government agencies.

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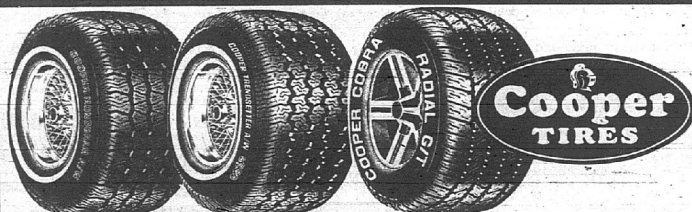
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P205/75R-14	
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Obituaries



Anna Pentecost

Anna (Mshar) Pentecost, 74, of Granite City, formerly of Madison County Nursing Home, Edwardsville, died at 11:35 p.m. Saturday, March 31, 1990, at the Madison County Nursing Home, Edwardsville, where she had resided for the past five months. She had been in ill health for the past two years.

Mrs. Pentecost was born Aug. 12, 1915, in Madison and had resided for the past 35 years in Granite City. She had been an executive secretary for 20 years for Sheet Metal Local 36 in St. Louis, retiring in 1975, and was of the Protestant faith.

Survivors include one sister, Vera Jones of Granite City, and nieces and nephews.

Preceding her in death was her husband, Wayne Pentecost, who died in August 1989. They were married in St. Louis in 1963.

Visitation was held Monday at Thomas Memorial Mortuary, 2205 Jefferson Road, where funeral services were conducted Tuesday. Burial was at Sunset Hill Memorial Estates near Edwardsville.



Mary Williams

William Ann (Taylor) Williams, 59, of Granite City was pronounced dead at her home at 3:51 a.m. Sunday, April 1, 1990, by Deputy Coroner Loren Davis. She had been ill for two years.

Mrs. Williams was born Sept. 17, 1930, in Ashburn, Mo. She had lived in Granite City for 27 years.

She was a member of the First Baptist Church of Granite City.

Surviving are her husband, James Williams, whom she married Aug. 2, 1950; three sons, James Ray Williams, Thomas Eugene Williams and Christopher Duane Williams, all of Granite City; one brother, William Taylor of Granite City; four sisters, Bessie Allene Taylor of St. Louis, Rosie Duley of Venice, Martha Taylor of Bowling Green, Mo., and Betty Jane Angel of Cyrene, Mo.; and two grandchildren.

Visitation was held Tuesday from 5 to 8 p.m. at Irwin Chapel, 2801 Madison Ave., where funeral services will be held at 10 a.m. today (Wednesday) at First Baptist Church, 21st Street and Delmar Avenue, with the Rev. Ivan Schoen officiating. Graveside services will be held at Riverview Cemetery in Louisiana, Mo.

Dorris

Edna A. (Crismon) Dorris, 85, of Granite City died at 10:05 p.m. Monday, April 2, 1990, at Anderson Hospital in Maryville. She had been ill for several years and in the hospital for one day.

Mrs. Dorris was born Dec. 4, 1904, in Vienna, Mo., and had lived most of her life in Granite City. She had been a homemaker and was of the Baptist faith.

Surviving is a friend, Eleanor Schulte of Edwardsville.

Preceding her in death was her husband, Alvin Dorris, who died Dec. 20, 1965.

Funeral arrangements are pending at Irwin Chapel, 3960 Maryville Road, 931-8000.

Meszaros

John S. Meszaros, 75, of Madison died at about 2 p.m. Monday, April 2, 1990, in Oak Ridge, Tenn., at the home of his daughter. He had been ill for five months.

Born Sept. 22, 1914, in Granite City, Mr. Meszaros was a lifelong resident. He retired in 1976 from American Steel Foundries, where he was employed for 30 years as a welder.

He was of the Catholic faith and a member of VFW Post 1300. He served in the Army in World War II.

Surviving are his wife, Anna Mae Meszaros; four sons, John and Robert Meszaros, both of Granite City, Charles Meszaros of Phoenix and Steven Meszaros of Madison; a stepson, Virgil Kambarian of Granite City; four daughters, Patricia Johnson of Kansas City, Mo., Paula Hillis of Blue Springs, Mo., Patricia Warkack of Madison and Pamela Haldridge of Oak Ridge; and five grandchildren.

He was preceded in death by his parents, Steven and Pauline (Sepsi) Meszaros.

Visitation will begin today (Wednesday) from 6 to 9 p.m. at Davis Funeral Home, 21st Street and Cleveland Blvd., Granite City. Funeral services will be held at 10 a.m. Thursday with the Rev. Casimir Kiernan officiating. Burial will be at National Cemetery, Jefferson.

The family suggests memorials to the American Cancer Society.

Mrs. Pruet retired from St. Elizabeth Medical Center, where she had worked in housekeeping. She attended Suburban Baptist Church in Granite City.

Surviving are six sons, Bill, Ronnie, Danny, Steve and Larry Pruet, all of Granite City, and Gene Pruet of Hurricane Mills, Tenn.; four daughters, Mrs. Jerry (Bonnie) Leibold, Mrs. William (Gail) Jacobs and Mrs. Harold (Vickie) Smith, all of Granite City, and Mrs. William (Betty) Nebo, of Bethalto; 12 grandchildren and nine great-grandchildren.

Visitation will be held today (Wednesday) from 2 to 9 p.m. at Luff Bowen Funeral Home, Waverly, Tenn., where funeral services will be held at 1 p.m. Thursday. Burial will be at Taylor's Cemetery, Hurricane Mills. Local arrangements were by Irwin Chapel of Granite City.



Chester McManaway

Chester L. McManaway, 75, of Madison died at 7:15 a.m. Sunday, April 1, 1990, at Belleville Memorial Hospital. He had been ill for five weeks and in the hospital the same length of time.

Born Nov. 2, 1914, in Venice, he was a lifelong resident of Madison. Mr. McManaway owned McManaway Insurance Agency, 2205 Pontoon Road, where he served on the Madison School Board for 25 years and was a member of First Baptist Church in Madison.

Survivors include one daughter, Mrs. Robert (Nancy) Rainer of Granite City; three sisters, Ruth Anderson of Belleville, Blanche White of St. Louis and Lois Logue of San Diego; and two grandchildren.

His wife, Gertrude (Bilyeu) McManaway, preceded him in death.

Visitation began at 4 p.m. Tuesday at Thomas Memorial Mortuary, 2205 Pontoon Road, where funeral services will be held at 10 a.m. today (Wednesday), with the Rev. Paul Davis officiating. Burial will be at Sunset Hill Memorial Estates near Edwardsville.

The family suggests memorials to the American Cancer Society.

Jackson

Myrtle Estelle Jackson, 86, of Fremont, Calif., formerly of Granite City, died at 5:35 p.m. Saturday, March 31, 1990, in California.

She was born March 23, 1904, in Cumberland, Tenn., and had lived many years in Granite City. Mrs. Jackson had been a homemaker and was of the Baptist faith.

Survivors include one son, Kenneth Jackson of Grizzly Flats, Calif.; two daughters, Mrs. Harvey (Lucille) Stafford of St. Louis and Violet Wills of Hollywood, Fla.; brothers and sisters, eight grandchildren and many great-grandchildren.

Preceding her in death was her husband, Burl Mitchell Jackson, who died January 1974.

Visitation will be held from noon to 8 p.m. Thursday at Pletcher Funeral Home, 627 St. Louis St., Edwardsville, where funeral services will be conducted at 10:30 a.m. Friday by the Rev. Roger A. Zollars. Burial will follow at Sunset Hill Memorial Estates near Edwardsville.



Katie Pruet

Katie Bell Pruet, 71, of Granite City died at 8:30 a.m. Monday, April 2, 1990, at St. Elizabeth Medical Center. She had been ill three years and in the hospital one week.

Born Feb. 5, 1919, in Waverly, Tenn., she resided in Granite City for 35 years.

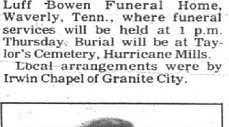
Mrs. Pruet retired from St. Elizabeth Medical Center, where she had worked in housekeeping. She attended Suburban Baptist Church in Granite City.

Surviving are six sons, Bill, Ronnie, Danny, Steve and Larry Pruet, all of Granite City, and Gene Pruet of Hurricane Mills, Tenn.; four daughters, Mrs. Jerry (Bonnie) Leibold, Mrs. William (Gail) Jacobs and Mrs. Harold (Vickie) Smith, all of Granite City, and Mrs. William (Betty) Nebo, of Bethalto; 12 grandchildren and nine great-grandchildren.

Visitation will be held today (Wednesday) from 2 to 9 p.m. at Luff Bowen Funeral Home, Waverly, Tenn., where funeral services will be held at 1 p.m. Thursday. Burial will be at Taylor's Cemetery, Hurricane Mills. Local arrangements were by Irwin Chapel of Granite City.

Surviving are six sons, Bill, Ronnie, Danny, Steve and Larry Pruet, all of Granite City, and Gene Pruet of Hurricane Mills, Tenn.; four daughters, Mrs. Jerry (Bonnie) Leibold, Mrs. William (Gail) Jacobs and Mrs. Harold (Vickie) Smith, all of Granite City, and Mrs. William (Betty) Nebo, of Bethalto; 12 grandchildren and nine great-grandchildren.

Visitation will be held today (Wednesday) from 2 to 9 p.m. at Luff Bowen Funeral Home, Waverly, Tenn., where funeral services will be held at 1 p.m. Thursday. Burial will be at Taylor's Cemetery, Hurricane Mills. Local arrangements were by Irwin Chapel of Granite City.



Donald Wickham

Donald H. Wickham, 63, of Granite City died Monday, April 2, 1990, in the emergency room of St. Joseph's Hospital in Kirkwood, Mo., after becoming suddenly ill at work.

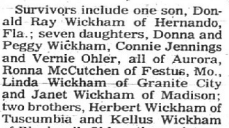
He was born Sept. 1, 1926, in Tusculum, Mo., and had lived in Granite City for 40 years. He was employed by Maritz in St. Louis for the past 20 years as a maintenance engineer.

Mr. Wickham was a member of VFW Post 3777, Moose Lodge 272 and Eagles Aerie 1126 and was a World War II Army veteran. He was of the Protestant faith.

Survivors include one son, Donald Ray Wickham of Hernando, Fla.; seven daughters, Donna and Peggy Wickham, Connie Jennings and Verne Oiler, all of Aurora, Ronna McCutchen of Festus, Mo., Linda Wickham of Granite City and Janet Wickham of Madison; two brothers, Herbert Wickham of Tusculum and Kellus Wickham of Blackwell, Okla.; three sisters, Gladys Gross of Eldon, Mo., Florence Kiebach of St. Elizabeth, Mo., and Grace Dotson of Pueblo, Colo.; and 12 grandchildren.

Visitation began at 4 p.m. Tuesday at Mercer Mortuary, 1416 Niedringhaus Ave., where funeral services will be held at 1 p.m. today (Wednesday), with the Rev. Phil Simosky officiating. Burial will be at Sunset Hill Memorial Estates near Edwardsville.

The family suggests memorials to the American Cancer Society.



Mary Williams

William Ann (Taylor) Williams, 59, of Granite City was pronounced dead at her home at 3:51 a.m. Sunday, April 1, 1990, by Deputy Coroner Loren Davis. She had been ill for two years.

Mrs. Williams was born Sept. 17, 1930, in Ashburn, Mo. She had lived in Granite City for 27 years.

She was a member of the First Baptist Church of Granite City.

Surviving are her husband, James Williams, whom she married Aug. 2, 1950; three sons, James Ray Williams, Thomas Eugene Williams and Christopher Duane Williams, all of Granite City; one brother, William Taylor of Granite City; four sisters, Bessie Allene Taylor of St. Louis, Rosie Duley of Venice, Martha Taylor of Bowling Green, Mo., and Betty Jane Angel of Cyrene, Mo.; and two grandchildren.

Visitation was held Tuesday from 5 to 8 p.m. at Irwin Chapel, 2801 Madison Ave., where funeral services will be held at 10 a.m. today (Wednesday) at First Baptist Church, 21st Street and Delmar Avenue, with the Rev. Ivan Schoen officiating. Graveside services will be held at Riverview Cemetery in Louisiana, Mo.

Funeral arrangements are pending at Irwin Chapel, 3960 Maryville Road, 931-8000.

Ream

Claudia O. (Brooks) Ream, 84, of Granite City was pronounced dead at her home by Madison County Deputy Coroner Ed Werner at 6:15 a.m. Monday, April 2, 1990. She had been ill for three months.

Born Oct. 15, 1905, in Stevenson, Ala., she had lived in Granite City for 55 years. Mrs. Ream owned and managed Ream's Apartments in Granite City and was a member of Niedringhaus Methodist Church.

Survivors include one sister, LaVerta Anderson of Jerome, Mo., and two nephews, Dennis and Donald Durbin.

Preceding her in death was her husband, Francis "Fritz" Ream, who died Oct. 28, 1987, and a sister, Vyvienne Durbin.

Mrs. Ream's body was donated to Washington University School of Medicine. Arrangements were handled by Mercer Mortuary of Granite City.

Martin

Trula (Abbott) Martin, 81, of Granite City died at 6:10 a.m. Sunday, April 1, 1990, at Barnes Hospital, St. Louis. She had been ill since January.

Born April 16, 1908, in Pearl, Ill., she was a 40-year resident of Granite City. Mrs. Martin was of the Protestant faith.

Surviving are one daughter, Mrs. Philip (Laura) Spence of Highland, and five grandchildren and seven great-grandchildren.

Her husband, Clifford Martin, died in 1965.

Graveside services were held Tuesday at Nebo Cemetery in Nebo, Ill. Irwin Chapel, Granite City, was in charge of arrangements.

The family suggests memorials to the American Heart Association.

School

(Continued from Page 1A)

However, district administrators say they know of no such fund and said they aren't sure what Bowler meant by his statement.

Bowler said later that the "emotionalism" of the issue may have led him to speak before checking with legal counsel to be sure the move was legal.

After the meeting, Bowler said he asked school attorney William Schooley to check on the legality of such a contract. He is still waiting for Schooley's response, he said.

Bowler later said he advised the administration to place the item on Tuesday's budget committee meeting agenda for reconsideration. The board is scheduled to meet April 3 as a committee of the whole to review budget matters. The board meets monthly as the budget committee for that purpose.

"What aggravates me is we have a \$30 million budget and one of our students is fighting for his existence and all we can allow them to do is pass out flyers," said Bowler.

Officials at the Illinois State Board of Education said that tax dollars cannot be used by a public school board to benefit one individual for non-educational purposes.

"I just felt this was an opportunity to say to that child that this board recognizes the problem," Bowler said.

Strike

(Continued from Page 1A)

He said salaried personnel with the company already pay some of the health insurance expenses in question and he was "sure there are more to come."

Donovan said negotiations with the other unions at the foundry are continuing and their members are at work.

He said contracts with the machinists and electricians both expire in the middle of April and the contract with the patternmakers expires May 1.

American Steel Foundries, a division of AMSTED Industries Inc., is located in Chicago, makes bolsters and sideframes for railroad freight cars.

Dioxin won't be burned at Sauget

SAUGET — The Missouri Department of Natural Resources has ruled out the Trade Waste Incinerator at Sauget as a possible site for burning 100,000 tons of contaminated soil from Times Beach and several eastern Missouri sites.

The Department of Natural Resources on March 30 endorsed a U.S. Environmental Protection Agency proposal to build a temporary incinerator at Times Beach, citing it as a safer and cheaper alternative.

In November, the mayors of Eureka and Fenton, Mo., proposed a plan to ship the dioxin to Sauget to be burned in an existing hazardous-waste facility. At the beginning of this year, the Missouri Department of Natural Resources agreed to review the proposal, and on March 30 the department released its findings.

"We cannot endorse an option that increases the expense, increases accidents during transportation, and jeopardizes a permanent solution to the dioxin contamination," said spokesman William Palmer in a written statement.

In the report, Palmer said that trucks carrying the soil from eastern Missouri to Sauget in St. Clair County would travel 175 miles, and 177,000 miles to Times Beach.

Empty-nesters need care in selling home

By Roger McGrath

Correspondent

Today's empty-nesters, finding that the home where they raised a family is now just too big for two, frequently sell the big house and buy a smaller one at a lower price. They also can find themselves owing Uncle Sam a large tax bill.

Congress has recognized the problem, permitting those age 55 and over a once-in-a-lifetime option to exclude from taxation up to \$125,000 of the gain from the sale of the big residence.

But even here there are pitfalls, local accountants say. "Get help; there's just too much money at risk here," advises Kevin Carlie, partner in Stone Carlie & Co., an accounting firm. Not meeting the exclusion's tests can yield a nasty surprise, he says.

U.S. tax policy allows a homeowner to postpone paying tax on the gain of the sale of his house as long as he or she buys another home at least equal in price. Thus, empty-nesters can move down to a lower-priced house and reap a considerable financial gain — and be faced with a staggering tax bill.

This is especially true if they had lived in one house for a long time and it had greatly appreciated in value, says Mark Dow, tax partner with the law firm of Lybrand. That's why Congress authorized the \$125,000 exclusion, he adds.

More and more empty-nesters are making the move to smaller quarters. "That market over the next 10 years is going to explode," says Clyde Oliver, marketing director for Best Homes Inc., builder of two south St. Louis County developments targeting the 55-and-over set.

Many empty-nest buyers are aware of the \$125,000 exclusion, real estate agents say. "Their

"The Sauget location also would send the contaminated soil through heavily traveled and populated portions of urban St. Louis," the statement said.

In addition, the Missouri department estimated the cost of destroying dioxin at Sauget to be about \$22 million greater than the EPA's estimate of incinerating the dioxin at Times Beach.

Chemical Waste Management, which owns Trade Waste, estimated a cost of \$10 million to transport the waste, incinerate it, and return the ash to Times Beach for disposal.

The entire cost of the project — including excavation of contaminated soil and the demolition of houses in Times Beach — would be about \$140 million if the Sauget incinerator was used. The EPA estimated a similar cleanup at Times Beach would cost no more than \$118 million.

"Times Beach offers an acceptable location for the safe incineration of dioxin-contaminated soil," the statement said.

Twelve of the contaminated sites lie within a 20-mile radius of Times Beach. The 12 sites plus Times Beach comprise 77 percent of the total volume of contaminated soil that needs to be incinerated.

biggest question is, what are they going to do with all their stuff," says Julie Cettler, a sales manager for Taylor-Morley-Simon Inc.

Accountants Carlie and Dow suggest empty-nesters take a closer look at the exclusion. Their advice is to use the once-in-a-lifetime exclusion when it is to the taxpayer's best advantage. "We shouldn't let the tax tail wag the dog," Carlie says.

The homeowner's gain can be enormous, in part because of the basis for figuring the gain; he comes out with a loss.

Say a young couple bought a house for \$70,000, moved up to a \$100,000 house and many years later sold it for \$200,000 to move into a smaller, lower priced home. The gain is \$130,000, the \$200,000 minus the \$70,000 cost, on the basis of, or \$70,000 cost, of the first house.

Instead of paying tax on the full \$130,000, the Section 121 exclusion permits buyers who are at least 55 years old on the date the \$200,000 house was sold to exclude \$125,000 from taxation. The remaining \$5,000 (\$130,000 minus \$125,000) could be sheltered from taxation if the homeowner also has tax losses on stock holdings, Dow says.

You don't have to buy another house to qualify for the exclusion, he points out. This is a one-time exclusion, the accountants emphasize.

This raises the specter of the "tainted" spouse. If a married couple takes advantage of the exclusion, neither can ever again claim it.

Say a couple, we'll call them the Douglases, claim the \$125,000 exclusion, and then he dies. If the widow Douglas remarries someone who hasn't exercised his one-time exclusion, he won't be able to because the Douglas already has taken it and is "tainted," Dow says.

Pamphlets on veterans' benefits now available

Three new brochures concerning veterans' benefits are now available in the district office of state Rep. Ron Stephens, R-Troy.

The first publication is a "Guide to State Veterans' Benefits and Directory of Veterans Service Offices statewide. The second concerns the Illinois Veterans' Home at Moline, and the third deals with a summary

of Veterans Administration benefits.

The brochures are distributed by the Illinois Department of Veterans Affairs.

Stephens encourages any veteran, or family member, with questions about benefits and programs to pick up any, or all, of these free pamphlets by stopping at his district office, 300 E. Main St., Collinsville.

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Storytelling Festival May 3-6

"Storytelling: The Magic Gift" is the theme of the 11th annual St. Louis Storytelling Festival, scheduled May 3 to 6 at the Gateway Arch and other locations throughout the metropolitan area.

Storytellers will spin tales drawn from such diverse cultures as Indian, Jewish and rural American, along with fairy tales and other stories gleaned from classic literary sources, cowboy poems and songs, folk traditions from around the world, and humor.

Patricia McKissack, Patrick Ball, Perrin Stifel, Pleasant DeSpain, Susan Klein, Paul LeDrew, Harold Littlebird, Steve Sandfield and Rosalie Sorrels will be the featured storytellers at the event, which is sponsored by the College of Arts and Sciences, continuing Education-Extension, of the University of Missouri-St. Louis, and the National Parks Service.

Storytelling sessions at various sites will run throughout the day on May 3 and 4, from 11 a.m. to 2 p.m. on May 5, and from 10 a.m. to 2:30 p.m. on May 6.



Patrick Ball

Storytelling sessions for the hearing impaired are scheduled throughout the program. Additional evening events will be held beginning at 7 p.m. on Saturday.

All storytelling events are open to the public free of charge. School and group reservations are necessary for the Thursday and Friday scheduled tellings and may be made by calling 553-5961. Groups are encouraged to make reservations early due to limited space.



Pleasant DeSpain

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•The Beausoleil Cajun Band

will play at Casa Loma Ballroom, Iowa at Cherokee, starting at 8 p.m. April 7 in the last, Endangered Arts Foundation's spring concert series. Information: 772-5700.

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Florida's film studio not just for tourists

By Deborah Reinhardt
Travel editor

Listen, sweetheart, baby, Universal Studios in Florida isn't just any tourist attraction. Trust me. Real movies are being made there and you always wanted to be in the movies. Am I right? Of course I'm right. So here's what you do. After May—no I don't have an opening date because it hasn't been set yet, but you know how those movie people are take your self, maybe the family, to Universal Studios 10 miles southwest of Orlando (at Interstate 4 and the Florida Turnpike). Resumes and photos are not necessary. They've been expecting you.

Report to the King Kong Kongfrontation sound stage and meet the greatest monster in movie history. In the scene, Kong is swatting helicopters like flies, he's stepping all over New York City. This 30-foot, 13,000-pound ape is mad. You can't escape, see, and he grabs your cable car, twists it loose and throws it down to the street in a

big crash. You can watch the scene on video, but if the camera didn't get your best side, move on to the "Jaws" set.

In this scene, you're a tourist of Amity, the town once ravaged by the great white shark, Jaws. But the tour guide shows you a trophy of the dead shark and you assume it's safe to take a boat ride. Wrong.

The pontoon rounds a bend and you see a horrific sight—a sinking boat with cameras, hats and "mouse ears" floating on the water's surface. The tour guide desperately tries to drive the boat to a boat house haven but an ominous thumping on the house's floor means trouble lurks beneath the water. Then there's the crash as Jaws smashes through the boat house and bites the boat, which thrashes in the water like a dying fish. It seems hopeless but the tour guide struggles to reach his minissile launcher and ... well, let's just say you live to go on to another set where "Back to the Future," "Earthquake" or "E.T.'s Adventure" is taking place.

Don't you just love this business?

If you report to every set (and there are about 50), plan to spend 12 to 14 hours. And bring good walking shoes because you'll cover about 300 acres.

During the lunch break, check out the studio commissary, Schwab's Pharmacy (where many Hollywood stars were discovered), McD's Drive-In from "American Graffiti" or the new Hard Rock Cafe.

Before heading home, you might want to check out one of the live shows, like Ghostbusters or the Animal Actors Stage. Whoa, how about that Gozer chick in Ghostbusters, huh? Maybe tour the Horror Make-Up Show and see how Academy Award-winner Rick Baker and others get those scissors to stick in an actor's head.

Don't worry, babe, this is a class operation. Universal Studios, which pioneered movie lot-tours in 1964 with the opening of the California site; England's Rank Organisation; and creative consultant Steven Spielberg are behind this project. Would I lie

to you?

If you don't see all that you need to, remember, another day, another screen test.

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Science Center sets dates for two family trips

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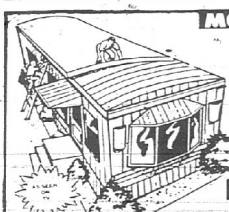
The backpacking trip, scheduled April 28 and 29 at Hawk State Park, is designed to orient participants to the basic concepts of back-country travel. Costs are: \$80 per adult for Science Center members and \$90 for non-members. The fee per child for members and non-members is \$65.

The family canoe trip will be May 5 and 6 on the Current River. Costs are: \$100 per adult and \$85 per child for Science Center members; and \$110 per adult and \$92 per child for non-members.

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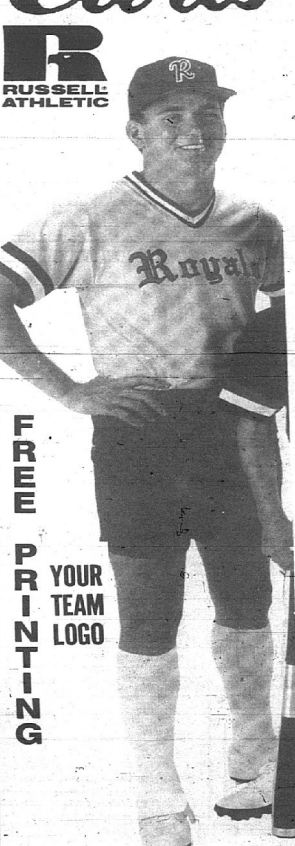
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The JugglerHealthy Arms Will Sharpen Herzog's Act

By Rob Rains
Journal Correspondent

ST. PETERSBURG, Fla.—Sometime around the end of April, Whitey Herzog might start to get an idea of what to expect this year from his Cardinals.

It probably will take that long before Herzog can evaluate the left elbows of John Tudor, Greg Mathews and Rick Horton and the right elbow of Danny Cox, which likely will be the major determining factors in either their rise or fall of the team.

If some of the rehabbing pitchers are healthy, the Cardinals' pitching staff is potentially as good as any of the staffs during Herzog's 10 years with the Cardinals—even with bullpen ace Todd Worrell sidelined until at least the All-Star break with an elbow injury.

Herzog will have to perform a juggling act with his pitching rotation, but he'll have an even more difficult time if Tudor, Cox, Mathews and Horton fail to recover.

In a normal year, Herzog would have been able to make his evaluations of the recovering pitchers during spring training. But this is anything but a normal year.

With just three weeks of spring training, thanks to the lockout, Herzog likely will not see those pitchers enough to know what to expect. He will carry 13 pitchers through the first three weeks of the season while the roster limit is 27, and maybe by then he will know if they are healthy or not.

Herzog's juggling act will not be limited to those pitchers, however. Because of the shortened spring, even his healthy starters—Joe Magrane, Jose DeLeon and free agent signee Bryn Smith—will have to be watched closely so they don't overextend themselves in the early going.

"The most important guys on the staff are going to be the middle relievers," Herzog said. "You're not going to get many innings out of your starters, and you can't go to your closers all the time because they are not going to be able to pitch three or four days in a row."

There are going to be a lot of games where it will be tough deciding which way to go. We're going to have to kind of play it by ear and see how the game is going. It's going to be different."

Herzog hopes the Cardinals stay competitive with the other clubs in the National League East until the end of April.

"It would be nice if everybody would play 500 ball until April 25 and then we could start playing," Herzog said. "I don't know yet if we can do that, because I don't know if we're going to be healthy."

In addition to questioning the health of his starters, the other main concern for Herzog's pitching staff is replacing Worrell, who is scheduled to undergo a second operation on his right elbow early this month.

Scott Terry, who has done a little bit of everything in his three years with the Cardinals, will inherit Worrell's job as the right-handed



John Tudor is one of four Cardinals pitchers trying to rebound from elbow surgery. Allvin DiVito Photo

closer with left-hander Ken Dayley also assuming more responsibility.

"A guy like Worrell is very tough to replace," Herzog said. "I'm very confident Scott Terry can be a quality closer, but until he's done it for two or three months you don't really know."

The middle relief pitchers are likely to be Horton, if he is healthy, and Frank DiPino from the left side, and John Costello, Chris Carpenter and Bob Tewksbury from the right side.

"I think our bullpen will be pretty strong," Herzog said. "I think our pitching depth will be the best it's been in three years."

Herzog is counting on the pitching being better than it was a year ago, even though it isn't likely Magrane or DeLeon can pitch much better than they did in 1989.

Magrane was 18-9 with a 2.91 earned-run average despite not winning any games in September, and DeLeon was 16-12 with a 3.05 ERA despite a midseason slump. Smith, who signed with the Cardinals over the winter, should benefit from pitching in Busch Stadium

and from the Cardinals' stellar defense.

Herzog and the Cardinals are hoping Tudor and Cox can fill the slots of the fourth and fifth starters, freeing Mathews for the bullpen and allowing Ken Hill, a rookie in 1989, to go back to the Cardinals' Triple-A Louisville club and gain more knowledge and experience by pitching on a regular basis.

But Herzog knows he doesn't live in an ideal world. He gladly will take anything he can get, especially when it comes to Tudor, who pitched just 14 innings a year ago, and Cox and Mathews, who didn't pitch at all.

Despite their problems in 1989, the Cardinals were in the pennant race until September, and Herzog steadfastly maintains they could have won their fourth pennant of the decade if Willie McGee and Worrell had stayed healthy for the final month.

"This year, it's the first month that will weigh heavy on the season."

"Until we get some answers, we just don't know what's going to happen," Herzog said.

NL Banner Attainable

ST. PETERSBURG, Fla.—The Cardinals were the most successful team in major league baseball in the 1980s, making three trips to the World Series.

The 1990s can begin on a successful note if the following 10 things happen between now and October.

1. Pitchers Joe Magrane, Jose DeLeon and Bryn Smith combine for 55 wins. The Cardinals believe their top three starters can match up with any three in the National League, but they will have to prove it. Magrane and DeLeon are capable of winning 20 apiece, and Smith should be good for 15.

2. The bullpen combination of Ken Dayley, Scott Terry and Todd Worrell combine for 60 saves. The impact of Worrell's absence for at least the first half of the season will be reduced if Terry comes through, and Dayley can get right-handed hitters out. Worrell needs to come back strong in the second part of the season.

3. Pedro Guerrero comes close to matching his 1989 performance. He doesn't have to drive in 100 more runs than his home run total again, but he does need to be the Cardinals' big offensive weapon and produce big numbers.

4. Vince Coleman has a .375 on-base percentage, steals 80 bases and scores 120 runs. Coleman was the catalyst of the Cardinals' successful teams in 1985 and 1987, and he can be again. New hitting coach Steve Braun has changed Coleman's style of hitting, and the Cardinals are hoping for positive results. Milt Thompson is a good player and probably is better than the Cardinals expected he would be, but they need Coleman to have a big year.

5. Todd Zeile drives in 75 runs and throws out 33 percent of those trying to steal. Zeile's major strength is supposed to be as a run-producer. Some people question his throwing ability and while he won't immediately throw out as many runners as Tony Pena did, he does need to keep opponents honest. Logic and history says teams don't win with a rookie catcher, but the Cardinals think Zeile can be an exception.

6. Willie McGee plays in 150 games and hits .300. McGee's absence last September, along with Worrell going down, may have cost the Cardinals another pennant. If McGee is healthy, he still is one of the best outfielders in the league and can be one of the league's best offensive players.

7. The Cardinals lead the league in fielding percentage. It's a given that the Cardinals will play good defense, but they can't allow many unearned runs. If they are going to win—especially knowing their own offense is going to force them to win a lot of low-scoring games.

8. Terry Pendleton and Guerrero stay injury free. The Cardinals have some quality subs at some positions, but not at first base or third. If either Pendleton or Guerrero go down for an extended period, that will spell trouble.

9. One of the injured pitchers—John Tudor, Danny Cox or Greg Mathews—gets healthy and is a candidate for the Comeback Player of the Year award. Also, the Cardinals will need solid fourth and fifth starters who are capable of winning some games and keeping the Cardinals in the rest of the games until the bullpen takes over.

10. The New York Mets' pitching staff doesn't perform as well as everyone expects. It always helps the Cardinals' chances when the Mets self-destruct, and problems with their starting pitching would be a good place to start.



Rob Rains

Zeile Ready To Launch Major League Career

By Rob Rains
Journal Correspondent

ST. PETERSBURG, Fla.—It didn't seem to be heart-stopping news when the Montreal Expos signed free agent Ivan DeJesus away from the Cardinals after the 1988 season.

Five years later, DeJesus long since has retired and has been virtually forgotten by Cardinals fans. But beginning this year, those fans might want to thank the Expos for their decision.

Because the Expos signed DeJesus, the Cardinals received as compensation an extra pick between the second and third rounds of the 1989 amateur draft. Catcher Todd Zeile, the player the Cardinals chose, enters the 1990 season as the favorite for the Rookie of the Year award and is being touted as one of the best catching prospects to come along in several years.

Zeile has come a long way himself since the Cardinals plucked him off the UCLA campus and sent him to Erie, Pa., to begin his professional career. Zeile has endured the bus rides and meager meal money of the minors, and now finds himself ready to launch what virtually everyone believes will be a long and distinguished major league career.

He has been an All-Star at every stop in his pro career—in rookie ball, Class A, Double A and Triple A—and nobody, including Zeile himself, sees any reason why he is going to stop now. "You've got to be confident," Zeile said. "There's a fine line between being confident and cocky, and I don't see myself as cocky. I think I do a pretty good job of keeping things in perspective, but if I don't produce it won't be anybody's fault but my own."

Last year at Triple A Louisville, Zeile hit .289 with 19 home runs and 85 RBIs in 118 games before being brought up to the Cardinals. He went on to hit .256 with one home run and 8 RBIs in 28 games with the Cardinals.

There could be some drawbacks entering the majors with as much buildup, media hype and high expectations as Zeile is experiencing, but he doesn't foresee any. Zeile has learned how to handle that kind of attention by watching his wife, former Olympic gold medal gymnast Julianne McNamara.

"We've talked about it quite a bit," Zeile said. "She hasn't really given me any pointers, but just has given me the confidence of knowing that it's not a do-or-die situation. She's been through it and dealt with it, and obviously has a great perspective on it that she has shared with me."

Zeile, 24, has been surprised by all of the attention, but he also has enjoyed it. He made appearances at more than 20 card shows over the winter, signing autographs, an unusual off-season activity for someone who has played just 28 games in the major leagues.

The Cardinals are counting on Zeile playing many more games this year—the starting catching job is his to lose—and he hopes to make the most of the opportunity. He doesn't look at it as pressure.

"I expect to earn the chance to play," Zeile said. "I expect to have some success and I expect the team to do well. Pressure is something that you put on yourself. When you do that is when you tend to self-destruct."

"In some ways it would be nice to come in anonymously and surprise people, but it's also nice that people expect so much out of you. That

shows people have confidence in you, and it makes you feel that you can go out and perform."

The Cardinals believe Zeile's main contribution to the club in 1990 will be his ability to drive in runs. The departed Tony Pena had just 37 RBIs last year, and Zeile is being counted on to improve on that total.

"I love to hit with runners on base," he said. "I think I'm a much better hitter because I seem to concentrate a little better. If I knew why I'd do it all the time, whether runners were on base or not."

"I've usually hit in either the third or fourth spot my whole life, and I guess I just view that (driving in runs) as being a big part of my job."

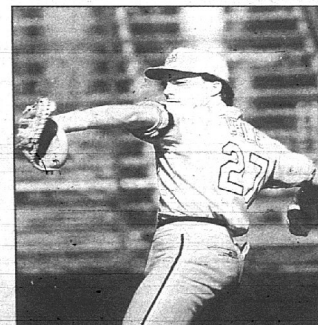
Two of Zeile's biggest supporters are Ted Simmons, the Cardinals' director of player development, and Mike Jorgensen, who was his manager at Louisville last year.

"This guy is bona fide," said Simmons, a former catcher. "He is going to produce runs. If you get runners out there, he will produce them."

Says Jorgensen, "His biggest asset is his RBI potential. He drove in a lot of runs with two outs and a lot of runs from first base. He's a patient, selective hitter, he's intelligent and he's a very mature young man. St. Louis fans are going to see a very good young player."

Zeile is looking forward to the challenge. "This is a big year for me and an important year for me," Zeile said. "I want to do well. One thing I want to stay away from is pressing. I don't want to put too much pressure on myself."

"I just want to relax, treat it like a game and have fun."



Allvin DiVito Photo

Cardinals rookie catcher Todd Zeile has been an All-Star at every stop in his pro career—in rookie ball, Class A, Double A and Triple A.

Sports

Not bad for openers

Warriors get 9 in 4th to blank Roxana

By Dave Whaley

Executive sports editor

ROXANA — The Warrior baseball team suffered through its own sort of lockout this spring. This one wasn't caused by feuding labor leaders, but by the weather.

The lockout finally ended Monday, and the Warriors let loose most of their nervous energy in the fourth inning. Granite City scored nine times in that frame and that was all the scoring in a 9-0 win over the Roxana Shells.

Six different players had RBIs and shortstop Rich Schardian had two hits in the big inning as the Warriors won their season opener for the first time in three years.

Senior Brian Harshany got the win as he threw 54 pitches in three innings. Junior Ryan Reeves and senior Tom Senecyn finished up with two innings

each. The three pitchers combined on a four-hitter.

"I don't think we're that much more dominant than Roxana," said Warrior coach Bob Stegemeier. "We didn't do a whole lot of hitting outside of the one inning. But we did hit the ball pretty well all day. I'm pleased."

On a cold and blustery day, Harshany's only moment of truth came in the first inning. He hit the leadoff batter and walked two others. But he fanned center fielder Jeff Kincaide with the bases loaded to

escape unscathed.

Harshany, who pitched only 1½ innings last season, struck out four in three innings and was helped in the third by a slick double play begun by senior second baseman Chris Mance.

Mance had committed an error to put leadoff hitter Matt Fischer on base, but turned the twin-killing on losing pitcher Tim Miller's sharp ground ball.

"Two double plays today," said Stegemeier. "I'm happy to see them come out and play good defense in the first game."

Reeves induced Danny Nolan to hit into a 4-6-3 double play in the fourth after the first two men had reached.

Reeves, who started in right field, was 3 for 3 and had a two-run single up the middle in the big fourth inning. Reeves singled to right in the third and to left in the fifth.

"We knew Ryan could play defense, so it was nice to see him hit," said Stegemeier. "And seeing him hit to all fields was a pleasure."

Schardian also had three hits and drove in the first run after senior third baseman Mike Mueller and senior first baseman Tony Sternberg drew one-out walks from Miller in the fourth. Senior left fielder Jeff Thompson walked and Mance was hit by a pitch to make it 2-0.

Reeves then singled up the middle to score Schardian and Thompson. Harshany doubled in another run and Mueller drove in two more on a check-swing single to left to make it 7-0. Miller was replaced on the mound by shortstop Tyler Arnold at that point, but Sternberg and Schardian added RBI singles before the inning finally ended. The

(See WARRIORS, Page 6B)

Redbird Express buses start with home opener

Redbird Express buses have returned to St. Louis for the 1990 baseball season.

The Bi-State Development Agency will operate the Redbird Express from seven locations to Cardinal home games beginning April 9.

First to bat: St. Clair County residents with tickets for the April 9 home opener. Two different routes, one originating at St. Clair Square Shopping Center and the other in Belleville, will run for every home game, said Bi-State executive director Jack Leary.

All other baseball fans will have to wait until April 20, when Friday, Saturday and Sunday service begins in Madison County and in St. Louis city and county.

Buses will begin running 60 to 90 minutes before game time, depending on the distance from downtown.

Following are the Redbird Express routes:

•Missouri: Board at the Doubletree Hotel/Frontenac Board at the Doubletree Hotel & Conference Center in Chesterfield or at the far south parking lot at Plaza Frontenac.

•South County Shopping Center: Board at Brandy Station Apartments, Clayridge Drive at Butler Hill Road, at Dillard's south parking lot at South County Center, or at the Sheraton South Hotel.

•West Port/Northwest Plaza: Board at the Sheraton West Port Hotel or at Northwest Plaza's Redbird lot near Old St. Charles Rock Road.

•Illinois: Board near the water tower.

•St. Clair Square: Board near the water tower.

•Belleville: Board at the St. Clair Transit Plaza, 211 East A St., head west on Main Street, north on Route 157 to I-64. Buses will pick up fans at express stops along the route.

•Alton: Board at Alton Square's east parking lot, at the Alton Holiday Inn, at the intersection of Route 143, and 1st Street in Wood River, or at Nameoki Shopping Center in Granite City.

•Edwardsville: Board at the 2nd and High streets park-rider lot, at Cottonwood Mall, at Lake-side Plaza, or at the Collinsville Holiday Inn.

Bi-State bus drivers will pick up fans after the game at the spot they are dropped off at before the game, a spokesman said.

One-way fares in Missouri are \$1.50 for adults, elderly and disabled; 75 cents for children ages 3 to 12. One-way fares in Illinois are \$1.25 for adults, elderly and disabled; 60 cents for children. Exact change is required; passes and transfers are not accepted.

Redbird Express is sponsored

(See EXPRESS, Page 6B)

Lady Warriors open with shutout loss to Oakville

FENTON, Mo. — The Lady Warrior soccer team walked right into the fire Saturday and suffered some burns in its season opener.

Oakville (Mo.) improved its record to 5-0 with a 4-0 whitewashing of Granite City in the Region 1 tournament at Soccer Park. Oakville senior Jenny Burton, one of the top players in the area, scored twice.

"They're one of the best teams around," said Granite City coach Gene Baker. "And we have a lot of things to work on. We're young and don't have all of our players yet."

Junior Jeanie Grabowski was held out by Baker because of some health problems and senior Carrie Ross is nursing a knee injury. Oakville outshot the Lady Warriors 12-3 and controlled most of the game. Sophomore Leslie Stavelly allowed two goals in the first half and freshman Beth Rapoff played the second

half.

"Leslie didn't have one of her better games," said Baker. "There's still a lot of things we haven't been able to work on because of the crazy weather. We have some deficiencies skill-wise."

Granite City did have four corner kicks to only three for Oakville, but Baker said that's not always a good barometer of the play.

NOTES: The game was played on an AstroTurf field. The tournament format was changed again — at the last minute. Granite City was going to play one half each against Oakville and Mehlville, but Mehlville and Aquinas Mercy played a full game against each other. The Lady Warriors played their first home game Wednesday against O'Fallon. Junior varsity action at Memorial Stadium begins at 4:30, followed by the varsity game.

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P185/80R13	33	P215/75R15	39
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P185/80R13	45	P225/75R15	56	63
P185/75R14	48	P235/75R15	64	
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P185/70R13	54		P215/75R15	61	70	
P185/80R13	55		P225/75R15	63	72	
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P195/60SR14	55	62	P185/70SR13	50
P225/60SR15	71	75	P205/70SR14	56
P225/60SR15	71	75	P205/70SR14	56
P225/60SR15	71	75	P205/70SR14	56
P225/60SR15	71	75	P205/70SR14	56

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P185/60SR14	68	69	P185/70SR13	66
P205/60SR15	70	72	P185/70SR13	67
P215/60SR14	74	75	P185/70SR14	69
P225/60SR15	82	82	P205/70SR14	72
P235/60SR15	86	86	P215/70SR14	79
P245/60SR15	84	84	P225/70SR15	84
P255/60SR15	89	89	P235/70SR15	86
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Ex-Cougar Delkus makes big league debut

By Jim Woodcock
Staff writer

On opening day of the Grapefruit League season, Pete Delkus did what few baseball experts would have thought possible several years ago: He pitched in a big league game.

That scenario wasn't the one he would have ordered. Delkus, a Collinsville native and former SIUE pitcher who is a member of the Minnesota Twins' 40-man roster, entered the game in the eighth and gave up three runs (though only one was earned) on five hits in a 13-6 loss to the visiting Los Angeles Dodgers in Orlando, Fla.

But the experience was hardly disappointing. Three years after being overlooked in the 1987 draft by all 26 major league teams, he was in a Minnesota uniform.

"What I'm happiest about is how I went about it out there," Delkus said. "I had a great time. I went out with all the confidence in the world. And I think if I don't approach it like that, I'm going to have problems."

"I'm not going to say I wasn't a little bit anxious. But I was basically anxious to make an appearance. Once I was out there, it was like the middle of the season with the Orlando Twins."

GCSSA beginning volleyball leagues

Teams are now forming for the Granite City Steel Softball Association's sand volleyball leagues.

All interested teams, individuals and referees should contact Mary Jankowski between 8 a.m. and 4 p.m. at 451-3654.

since being signed as a free agent in June 1987 earned him a spot on the Twins' roster in spring training.

Scorekeeping fans at Tinker Field penciled his name and number in with one out in the eighth inning Monday and the bases loaded. Delkus was called in by manager Tom Kelly to relieve Park Pittman, a promising prospect and Delkus' current roommate.

"Tom Kelly said to me, 'Delk, we've got bases loaded, one out and we need you to get us out of it,'" said Delkus, whose team was trailing 7-5. "There's (catcher) Tim Lardner giving me the ball. It was something."

"The first man I face is John Shelby and I get a called strike. The next pitch he hits an easy grounder, a picture-perfect double play. And our shortstop (Doug Baker) kicks it. A run comes in."

With the bases still loaded, Delkus went up 0-1 on Jose Gon-

zales before the Dodgers' left fielder topped a grounder to second base. Chip Hale misplayed it for an error, and two more runs scored to increase the L.A. lead to 10-6.

Two more runs came in before the five-run inning ended. Three of the runs were charged to Pittman, and none of the runs Delkus surrendered were earned.

The Dodgers did touch Delkus for an earned run in the ninth, however.

"I made some mistakes," he said. "But I still had a positive feeling. I felt like I overcame a lot to get here."

"I was ahead on every batter I faced except one. Tom Kelly hates it when pitchers get behind on the count or, worse, walk batters. I didn't do that."

Delkus said one reason why he stayed ahead on the count is because he pitched to the Dodgers in the same fashion that helped him earn the Twins' minor league player of the year

award for 1988. Delkus kept the ball low, nibbled at the outside corner and lured L.A. into a series of slow infield grounders. "You can't be in awe," Delkus said. "Really, the only difference is if you make a mistake up here and they hit the ball, they really hit the ball. But your

approach to pitching remains the same."

"It's real comfortable here. Kirby Puckett's the greatest guy you'll ever meet. He's already giving me a hard time about a lot of stuff. It's just a lot of fun out here."

If he doesn't make the open-

ing-day roster and Delkus starts the season in Triple A Portland, Ore., he says it will not be a disappointment.

"If I could skip a level, that would be wonderful," he said. "But anything over Double A would be a promotion. I'm taking this step by step."

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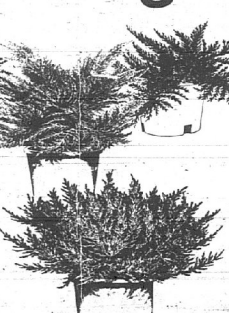
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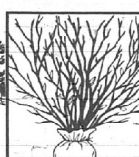
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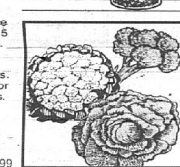


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Southwestern Food No Longer A Trend

By Janice Denham
Journal Food Editor

You know the difference between a taco, an enchilada and a tostada. You even know that Mexican parsley—cilantro—sits in the produce section of the supermarket right next to good ol' parsley of put something green-on-the-plate garnish fame. When someone says "tortilla," you are smart enough to venture a guess of corn or flour.

Does this mean you get a diploma and can go back to sleep? No, because you don't want to. Chili flavor has gotten into your flavor consciousness and just won't go away. Those sparkling accents are bright and refreshing.

Anne Lindsay Greer, author of "Cuisine of the American Southwest," recently spoke at a media seminar on foods of the 21st century. The seminar was in conjunction with the Pillsbury Bake-Off in Phoenix, Ariz.

"Southwestern food is no longer trendy. It is here to stay," she said. While some chefs are bent on perpetuating traditional Mexican dishes, the thrust of cooking in the Southwestern style now mixes home cooking—wherever that home is—with punch from accents south of the United States border.

Salsas, corn, vegetables and beans lend themselves to healthy dishes. Grilled chicken is served with tomato salsa, black beans and spicy Monterey Jack cheese. Chinese cabbage is a perfect antidote for spicy chili sauce. Scrambled eggs hold more than bell peppers and American cheese; huevos rancheros are filled with avocados and Monterey Jack cheese. Potato leek soup earns a spicy topping of chilies, beef is stir-fried with yuca and seafood chowder has cactus leaves on top.

Using Southwestern accents in home meals is as easy as a crouton—a tortilla crouton, that is. Just cut corn tortillas in triangles. Let them stand at room temperature 3 to 8 hours to dry out. Fry a few seconds in 350° oil until crisp. Or brush tortillas with oil, cut in 1/2-inch wide strips, and broil, stirring once or twice, until crispy. Drain, if necessary, on paper towels. Salt lightly, if desired, while still warm.

Use to top spicy soup or green salad topped with avocado wedges or diced papaya. Or use like potato chips on a favorite casserole. When tortilla crumbs are left, combine them with cornmeal or flour to bread fish.

Warm fruit cobblers sound pretty middle-American, but they are a Mexican favorite, too. A crispy or biscuit topping contrasts with the syrupy fruit under it. Dried fruits are a legacy of this area and can be softened for use with fresh fruit. Or combine several fruits for the best of all of them.

The next time cream cheese jumps out of the refrigerator begging to become a dip, add 1 can (4 ounces) mild chilies and several sprigs of fresh cilantro, minced.



Balaban Chef's Pork Is 'Elegant'

When Southwestern food makes it to the Mississippi River, middle America sits up and takes notice.

At A Taste of Elegance—a competition at which elegant restaurants in the St. Louis area presented pork entrees, Feb. 25 at the Hyatt Regency Hotel, judges gave the \$1,000 top prize to Mike Holmes, chef at Cafe Balaban, for his Fruitwood Smoked Loin of Pork, the only dish presented with a Southwestern twist.

Roasted peppers—green for the roll inside the pork, red and yellow for each individual coulis (sauce)—added color and flavor and helped keep the meat moist. Holmes smoked the pork to perfection over peach, apple, cherry and hickory chips. He suggests using hickory or mesquite wood at home, perhaps adding about one-fourth charcoal briquettes to avoid smokiness, overcoming the pork's sweet flavor.

"In the past I have taken it and half-baked it, then finished it on the grill," he said. "This is a good way to do it at home. You can slice it about three-fourths inch thick, too, before grilling to get the most flavor."

Holmes finds today's pork versatile and easily adaptable to many cuisines, including that of the Southwest. He trusts the leanness and health of today's meat, too. He likes to leave it slightly pink for serving but those who prefer can go to "medium," which means the pork has barely lost its pink center.

Holmes served judges a raspberry sorbet before the smoked pork, a cool contrast to the meat's warm flavors. His pork dish is now on the menu at Cafe Balaban, 405 North Euclid.

Second prize of \$500 was awarded to Rob Komotos of Cardwell's, 8100 Maryland, for Maple Mustard Herb-Glazed Roast Pork Loin. He served it on a bed of spinach with wild mushrooms, pearl onions, sweet potato and Jack Daniels pork essence sauce. Those attending the competition gave Komotos' dish the People's Choice Award, based on appearance and outer appeal.

Lee Conway of The Station Grille earned third place and a weekend for two at the Hyatt Regency Hotel in Union Station, coincidentally where his restaurant is located, for Pan-fried Pork Tenderloins with Hazelnuts, served with Potatoes Rissoto and Caramel Apple Custard.

The contest was sponsored by Illinois Pork Producers Association, Missouri Pork Producers Association, John Morrell Foodservice, Hyatt Regency Hotel and St. Louis Magazine.

Fruitwood Smoked Loin of Pork

- 5 to 7 lb. boneless pork loin
- 5 red bell peppers, roasted
- 5 yellow bell peppers, roasted
- 5 green bell peppers, roasted
- 1 clove garlic, minced, fried
- 1 tsp. kosher salt
- 1 tsp. cracked black pepper

To Roast Peppers: Place peppers on skewer. Roast over open flame until skin begins to turn black and blister. Cool. Peel skin away from flesh, removing seeds and ribs from inside. Reserve flesh.

Butterfly pork: Cut 1/2-inch thick. Rub with garlic, salt and pepper. Arrange peppers on meat. Roll like pinwheel. Tie loin with twine. Place in smoker with smoldering peach, apple, cherry and hickory chips or logs. Smoke 1 hour per pound. If smoker is not available, bake 1 1/2 hours at 375°. If preferred, bake half the time in oven, then smoke or slice 3/4-inch thick and finish on grill.

Roasted Red Pepper Coulis: Combine 6 to 8 roasted red bell peppers, 1/2 clove garlic, minced; 1 shallot, minced; 2 tablespoons ancho pepper powder; 2 cups chicken stock, and salt and pepper to taste in medium saucepan. Simmer 10 to 15 minutes. Blend in blender until well mixed and thickened.

Roasted Yellow Pepper Coulis: Place 6 to 8 roasted yellow peppers, 2 tablespoons cumin, 2 tablespoons chopped fresh cilantro, 2 tablespoons chili powder and 2 cups chicken stock in medium saucepan. Simmer 10 to 15 minutes. Place in blender. Mix well. Fold in 1 cup dairy sour cream.

To serve: Place Roasted Red Pepper Coulis and Roasted Yellow Pepper Coulis on each serving dish so that colors meet but do not merge. Slice pork 3/4-inch thick. Allow to rest 5 minutes. Garnish with fresh pepper coulis still show. Sprinkle with 2 fresh jalapeno peppers, diced.

Makes 8 to 10 servings.

Grilled Lamb Azteca Black Bean Cakes

- 8 oz. black turtle beans
- 1/4 med/lum onion, diced
- 4 oz. bacon, diced
- 1 small jalapeno pepper, diced

- 2 1/2 cups chicken stock
- 1 1/2 tsp. chili powder
- 1 1/2 tsp. cumin
- 1/2 tsp. black pepper

Rinse black beans. Soak overnight. Drain.

In heavy frying pan, saute bacon, onion and jalapeno pepper over medium heat. Add chicken stock, beans, chili powder, cumin and black pepper. Cook over medium heat, stirring occasionally to prevent burning, until beans are tender.

Puree mixture in food processor until smooth. Refrigerate until cool.

Form into patties. Cook on griddle or in lightly oiled frying pan over medium-high heat until light brown, turning once. Keep warm.

(Recipe courtesy of Laurie Vacha, Coyote Cafe, Scottsdale, Ariz.)

Sauce

- 2 jars (4 oz. each) pimientos, drained
- 1 tsp. fresh lemon juice
- 1/4 cup vegetable or olive oil

- 1/4 cup tomato juice
- 2 cloves garlic, halved
- 1 tsp. red pepper flakes

Combine pimientos, lemon juice, oil, tomato juice, garlic and red pepper flakes in blender. Whirl just until pureed.

Lamb And Onions

- 1 jumbo sweet onion (10 to 12 oz.)
- 1 tsp. vegetable or olive oil
- 8 loin lamb chops, 1 inch thick
- Pinch salt

- Pinch pepper
- 1 head iceberg lettuce, finely shredded
- Red pepper flakes

Cut onion in 4 thick slices. Brush with 1 teaspoon oil. Season onion and lamb with salt and pepper.

Broil about two inches from heat 5 minutes on each side or until cooked as desired. Onions may take longer.

To serve, line plates with lettuce and top each with two lamb chops, an onion slice and bean cake that has been halved with zigzag cut. Ribbon 3 tablespoons sauce over plate in squiggly patterns. Lettuce sauce may be kept refrigerated up to two weeks. Sprinkle onion with red pepper flakes.

Southwestern Lamb Salad With Sweet Onion Relish

- 1 lb. lamb sirloin steak or leftover leg of lamb
- 1 large head iceberg lettuce

Marinade

- 2 tbsp. olive oil
- 1 tsp. lemon juice
- 1 clove garlic, crushed
- 1/2 tsp. oregano
- 1/2 tsp. cayenne pepper

Sweet Onion Relish

- 1 cup chopped sweet onion
- 1 can (4 oz.) chopped green chilies
- 2 large ripe tomatoes, chopped
- 1 can (4 1/2 oz.) chopped black olives
- 1 tsp. vinegar
- 1 tsp. olive oil
- 1/2 tsp. salt
- 1/2 tsp. pepper

Combine 2 tablespoons olive oil, lemon juice, garlic, oregano and cayenne. Marinate lamb, covered, 2 to 4 hours in refrigerator.

Combine onion, green chilies, tomatoes, olives, vinegar, 1 tablespoon olive oil, salt and pepper. Refrigerate 2 to 4 hours.

Core, rinse and thoroughly drain lettuce. Refrigerate in plastic bag or crisper until serving time.

Grill or broil lamb about 5 minutes per side. Let rest 10 minutes. Slice in strips about 1/2-by-1/4 inches.

Cut lettuce into four "rafts" by slicing head crosswise in 1-inch thick slices. Place strips of lamb in pinwheel design on lettuce. In center of wheel, place one-fourth relish on each raft. Garnish with sliced onion. Serve immediately.

Makes 4 servings.

Try new and fashionable fish for serving at spring fling

Many American cooks find fish and other seafood somewhat of a mystery, and prefer to stick to tried and true recipes.

Unfortunately, that often means adding a lot of fat to an otherwise low-fat food when frying or sauteing and serving with sauces made with cream, butter or mayonnaise. Since most health organizations, including the American Institute for Cancer Research, recommend reducing fat in everyday meals, keeping fish low in fat is a great idea for nutritious eating.

Instead of frying or sauteing, consider baking, grilling, broiling, steaming or poaching fish. Whichever method used, fish-cooking experts have found a single rule applies—cook fish no more than 10 minutes for each inch of thickness at the fish's thickest point. This foolproof rule applies to all types of fish except shellfish and crustaceans.

Don't forget the microwave for cooking fish either. Most fish cooks on high in a microwave at about 3 minutes per pound. Because the power of microwave ovens varies so much, check a microwave recipe book for exact times. Make sure to let the microwaved fish sit 5 to 10 minutes to allow for heat to finish cooking.

While tartar sauce, herb butters and hollandaise sauce are among the standards for serving with fish, all contribute a heavy dose of added fat. Look instead for low-fat recipes for sauces made with fish stock or bouillon, wine, lemon juice or vinaigrette. Go Oriental with a black bean sauce or sweet and sour sauce. Try an Indian curry or chutney topping. Sample the flavor of the South and West with Creole or barbecue sauce or Mexican salsa.

Another way to add pizzazz to fish is by marinating it before cooking. Fish readily soaks up flavors of marinades made with soy sauce, yogurt, orange, lemon or lime juice, or vinaigrette.

Practically any favorite seasoning goes well with fish. Herbs like basil, bay leaf, chervil, cilantro, dill, fennel, mint, oregano, rosemary, sorrel, tarragon or thyme; spices such as cayenne, coriander, cumin or ginger; vegetables including onions, garlic, cucumber or tomatoes, and even citrus fruit stand ready to join seafood flavorably.

These fish filets feature a light cucumber-dill sauce, a perfect accent for fish that proves not all sauces need be high in fat and calories.

Fish filets with cucumber-dill sauce

- 1 lb. fresh or frozen fish filets, thawed if necessary (haddock, sole, cod or other fish)
- Small amount lemon juice
- 1 lb. cucumbers, peeled
- 1 cup plain low-fat yogurt
- 1/2 tsp. lemon juice
- 1 tsp. snipped fresh or 1/2 tsp. dried dill
- 1/4 to 1/2 tsp. white pepper

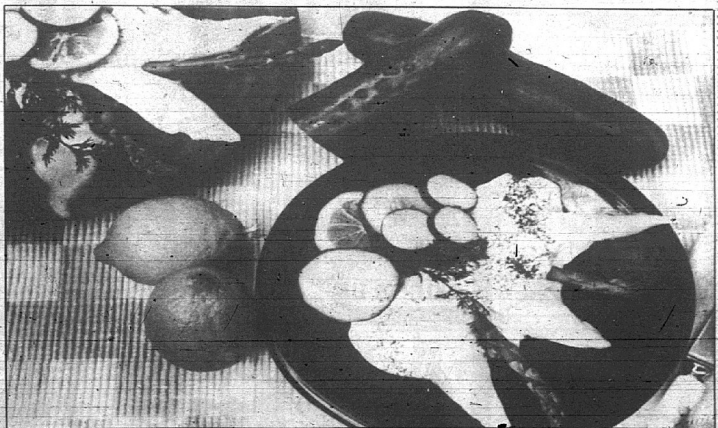
Place filets in lightly oiled baking dish. Squeeze lemon juice lightly over top. Bake, covered, at 450° for 8 to 10 minutes until fish flakes easily with fork.

Slice cucumbers lengthwise. Scrape out seeds. Coarsely shred cucumbers to make 2 cups. Place in skillet with yogurt, 1/2 teaspoons lemon juice, dill and pepper. Mix well. Cook over low heat until sauce is hot.

Transfer fish to serving plate. Top with about 1/2 cup sauce per serving.

Makes 4 servings, about 130 calories and 1 gm. fat each.

Registered dietitian Karen Collins reviews this information for the American Institute for Cancer Research in Washington, D.C.



FISH FILETS with a cucumber-dill sauce are as light and refreshing as spring.

Fashionable fish for serving at spring fling

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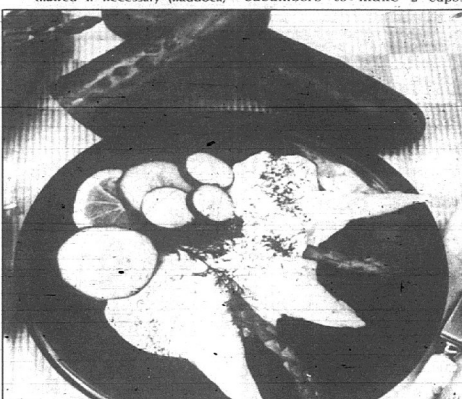
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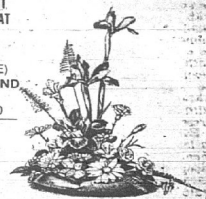
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Cook who cannot go ashore picks seafood at inland market

Every part of the country has its own seafood specialties. Most often they are combinations of the best local fish and shellfish and the fresh produce of the area.

Then the favorites move with local folk as they make their homes in other parts of the country, relying on the plentiful seafood markets that have become part of the land.

If a type of fish called for in a

recipe is out of season or otherwise unavailable, what is a good alternative?

The key to successful substitution is the grouping together of fish that look, cook and taste pretty much the same. Finfish can be divided into broad groups based on fat content and flavor intensity. Generally, the higher the fat, the more pronounced the flavor. Fattier, richer-flavored fish also tend to be darker in

flesh color and firmer in texture than lean fish.

New England Fish Chowder, a favorite from the Northeast, calls for low-fat cod, haddock or scrod (actually a small cod or haddock). Lingcod, pollock, lake whitefish or halibut also would be good alternatives. Choose a mild fish that looks good and fresh or thaw frozen fish filets. Other ingredients in the chowder complement the delicate flavor of the fish.

Shrimp Jambalaya is a versatile dish that can be personalized with a little more of this or a

little less of that. A nice variation is to simmer the cooked rice with the shrimp-tomato mixture to allow flavors to blend. Other types of shellfish, crayfish, crab and shucked oysters give equally good results.

New England fish chowder

- 2 oz. diced salt pork or 2 slices bacon, diced
- 1 large onion, diced

- 1 bay leaf
- 2 cups fish stock, or 1 cup clam juice and 1 cup water
- 1 lb. unpeeled red potatoes, diced
- 1 lb. cod or haddock, skin and bones removed, cut in 1-inch pieces
- 1 1/2 cups milk
- 1 cup half-and-half or light cream
- Freshly ground black pepper and salt
- Finely chopped fresh parsley

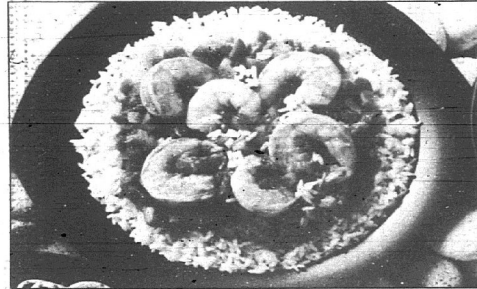
Cook salt pork in Dutch oven to render fat. Sauté onion and bay leaf until onion is soft but not brown.

Stir in fish stock and potatoes.

Reduce heat. Simmer until potatoes are tender, about 15 minutes. Add cod, milk and half-and-half. Simmer gently 3 to 5 minutes until fish is opaque and just flakes when tested with fork. Remove and discard bay leaf. Season to taste with pepper and salt.

Ladle into soup plates. Sprinkle each with chopped parsley. Serve with whole wheat rolls or oyster crackers.

Yields 6 to 8 servings.
Variations: Substitute clams and/or oysters for part or all of fish. Other fish, such as ling cod, pollock or halibut can be used.



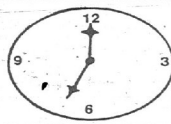
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2/3 cup of 1 (5-ounce) can Carnation® Evaporated Milk

1/3 cup finely shredded Cheddar cheese

1 (6 1/2 ounce) can tuna, drained and flaked

1/2 cup frozen green peas, thawed and drained

2 tablespoons buttered bread crumbs

Prepare Creamettes® Elbow Macaroni according to package directions; drain in same saucepan, blend soup, Carnation® Evaporated Milk, cheese and mayonnaise. Cook, stirring constantly, until cheese melts. Add macaroni, tuna and peas; mix well. Pour into greased 2-quart casserole. Top with bread crumbs. Bake in a 350° oven until hot, 20 to 30 minutes. Refrigerate leftovers. 4 servings.

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Food

Women: bone up on calcium while young

By Janice Denham
Food editor

Being short on calcium is not wise for anyone, but at least the remedy is delicious — ice cream, milk, cheese, yogurt and sour cream.

Dr. Barbara Sterkel, president of the Missouri Osteoporosis Foundation, says women who shake a leg as they get older are in danger of breaking it if they have not built up bone mass with lots of calcium since they were children.

"Every woman is going to lose bone density at the time of menopause," Sterkel says. "If you start with stronger bones, you will be left with stronger bones. Thus, we encourage it in the teen years when the bones are still forming."

She says it is just as hard to get a woman 40 years old as it is a female teen to eat and drink high-calcium foods. "This is really ironic. This is a double whammy because it is not being supported from moms to daughters when there is truly a purpose to it."

Part of it is due to the fact that these two ages often live together and emulate thinness for their bodies.

Osteoporosis, a silent bone disease, is avoidable, the physician says. Precautions can be taken to help prevent fractures and crippling. Females primarily suffer from it, but by age 70 the incidence of hip fracture is the same in men and women. Part of this is due to the fact that men have bigger bodies, so their calcium bank is larger.

Children as well as adults over age 24 get the protective calcium they need with three servings of milk a day. Teenagers, young people and pregnant and nursing women need four helpings. Pregnant and nursing teenagers need at least five helpings. One serving of milk is equal to 1 cup milk, 1 cup yogurt or 1½ ounces cheese.

Sterkel would like to see more women at age 45 have their bone density tested as a base for later measurements. Usually made after menopause begins and estrogen decreases, a companion to lower bone density. Lack of payment by some insurance pro-

grams keeps some women from having the test, she says.

Women who are 65 and older should be aware of the positive effects of including calcium in their diets, but also protect themselves from perilous situations. They can remove throw rugs from their house, wear flat shoes and stay indoors when it is icy outside. They also can avoid or take extra care during stressful movements, like opening windows, making beds and vacuuming.

Exercise is one way for premenopausal women to increase bone mass. This offers a double dividend because it also increases muscle, which protects bones when they are in danger of breaking. Medication may be prescribed to increase calcium when dairy products cannot be tolerated, but those now available retard the loss of bone without replacing bone density.

People who delight in foods that are high in calcium may be rewarded with a trip for two anywhere in the United States courtesy of American Airlines. The top winner in each of three categories can win \$100 in groceries from National Super Markets.

A favorite salad, entree or dessert may be entered in the second annual Calcium-Rich Recipe Contest. Entries — one per person — are due April 30. Balaban's executive chef, David Timney will prepare the final entries for judging during Osteoporosis Awareness Week May 14 to 18. The judging will be carried on the News 4 Midday show on KMOV-TV (Channel 4).

Recipes will be judged on calcium content and overall nutritional value, emphasizing products low in fat. Sterkel suggests using low-fat milk, cheese, sour cream and cream cheese, as well as salmon and sardines with bones, and greens like broccoli and turnip greens. Entry forms are available at National Super Markets or by calling St. Mary's Channel 4, the Missouri Osteoporosis Foundation, St. Louis District Dairy Council and St. Louis Dietetic Association are contest sponsors.

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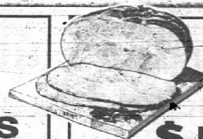
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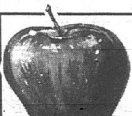
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Area garden clubs install new director

Bea Hallford of the Edwardsville Garden Club was installed as director of District V Garden Clubs during the district's 38th annual meeting held March 22 at St. Luke's Parish Center in Belleville.

Members welcomed LaVerne Laycock, president of The Garden Clubs of Illinois, Inc., who served as the installing officer.

Installed with Hallford were: Gerry Thord, Holiday Shores Garden Club, vice chairman; Carol Holbert, Lakeview Garden Club, corresponding secretary; and Katie Kaganich, Green Oaks Garden Club, historian.

Laycock addressed the group on current state activities and extended an invitation to the state convention on April 16-17. St. Clair County Garden Club was host for the event, which attracted a total of 95 members and guests from 15 clubs.

Clubs represented were: Cahokia Garden Club, Cloverview Garden Club, Collinsville Garden Club, Creative Gardeners, Edwardsville Garden Club, Fairview Heights Garden Club, Garden Study Garden Club, Green Oaks Garden Club, Holiday Shores Garden Club, Lakeview Garden Club, Mascoutah Garden Club, St. Clair County Garden Club, Shiloh Valley Garden Club, Trenton Turnbuckles and Wood River Garden Club.

Trish Haislar, the retiring director, presided over the meeting. Each club, president and committee chairman gave a report on highlights of their activities during the year. Hallford also led a memorial service for eight deceased members.

Guest speaker Frank Holdener of the Missouri Botanical Gardens described methods of handling plants after the recent freeze and what to expect.

Don't do anything about damaged plants until after their normal blooming time, Holdener advised. He gave important information on planting and caring for summer bulbs, when to divide lilies, iris, daisies and chrysanthemums, and answered many questions.

Awards for artistic designs entered by clubs were: Class I, "The Booming 90s," Fairview Heights, blue; St. Clair County, red; Shiloh Valley, yellow; Wood River, white; and Class II, "A Tisket A Tasket," (all fresh plant material), Wood River, blue; Shiloh Valley, red; Cahokia, yellow; Fairview Heights, white; (fresh and dried) Edwardsville, red; Green Oaks, yellow; (all dried), Holiday Shores, red; and Trenton, yellow.

The following awards were given for horticulture displayed: Lillian Correll, one blue; Betty Scott, one blue, one red; Pat Cerentano, one blue; Eleanor Dubetz, one red; Lucy Woodring, one blue, one red; Bonnie Rutkowski, one blue, one red; Dorcas Brash, two blue, one red; Jeanette Major, two blue; Dorothy McMullen, one blue, one yellow; Clara Winter, two blue, one yellow; Maxine Schuette, three blue; Ruth Phillips, two blue; Mary Storum, two blue, one red; Gerry Thorp, two blue; Christine Hornberger, one blue; Mildred Lorentzen, two blue, one red; and Mildred Rank, one blue and two red.

How to submit your articles

Items for the organizations page, which includes both clubs and churches, may be directed to the Press-Record/Journal at

1815 Delmar Ave., Granite City, Ill. 62040. Photos will also be considered, and there is no charge.

Easter crafts at Holy Family Friday

The annual Easter Craft Showcase will be held from 3 to 7 p.m. Friday, April 6, at Holy Family Community Center, 2600 Washington Ave. It was announced this week by Ann Kovach and Helen Harshman, members of church's craft class.

The showcase will feature many new craft items for East-

er, Mother's Day and other special occasions.

The weekly Lenten fish fry will be held in conjunction with the craft show, with fish being served from 4 to 7 p.m. Friday. The meal features hand-dipped Icelandic cod, cole slaw, french fries and coffee or tea. Adult dinners cost \$3.75 and children \$2.75.

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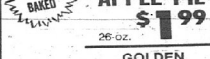
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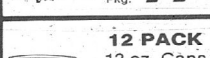
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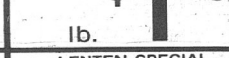
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Senior needs home security

This column addresses topics of concern to senior citizens and is issued by Lt. Gov. George Ryan's Senior Action Centers. The centers' toll-free phone number is 1-800-252-6565.

Q. My husband passed away this year and I am living alone. For the first time in my life, I am frightened by the increased number of burglaries in my neighborhood. Can you suggest some ways to protect my home?

A. Yes, you have reason to be concerned. Home burglaries have increased drastically in recent years. The best way to eliminate burglaries is to reduce the opportunities for them. Delaying a burglar for four minutes can prevent entry into a house or apartment. But how do you do that? By inspecting all points of entry into your home — doors and windows.

Check your doors:

• Locks should be adequate, in good repair, and most importantly used. Did you know that almost 50 percent of burglars get in unlocked doors and windows?

• All doors should be metal or solid wood. Hollow core doors can be kicked or battered in easily.

• Place locks at least 40 inches away from glass panels, windows, or other openings. Remember, door locks can be manipulated if an intruder can break glass or door panels to reach inside.

• Light outside entrances.

• If you have sliding glass doors in your home, secure them by placing a rigid wooden dowel in the track or install a key operated auxiliary lock.

• Door frames should be stable, strong and tight enough to withstand any attempted forcing.

• A key device for crime prevention is a peephole with a wide angle lens. It is easy to install and allows you to see visitors before opening the door. A chain lock is not sufficient to protect you.

Check your windows:

• Make sure the locks are adequate and working. Check to see that they can't be easily forced open when locked.

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WHAT DO YOU THINK, DOCTOR?: Jennie Peters of Granite City gets her feet examined by Dr. J. Menn, a podiatrist on the staff of St. Mary's Hospital in East St. Louis. Peters was among more than 3,000 senior citizens attending this year's Senior Citizens Fair held recently at Southern Illinois University at Edwardsville.

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MR. FIX-IT: (BAC photo) Matthew Miller of Granite City removes a compressor from an air conditioning unit during an air conditioning, heating and refrigeration class at the Granite City Campus of Belleville Area College. For information about the program, call Bill Wilson toll-free at 1-800-BAC-5131.

1950 graduates planning reunion

The January 1950 graduating class at Granite City High School will hold a reunion to mark its 40th anniversary on Aug. 11 at Sunset Hills Country Club in Edwardsville.

Help is needed in finding the current addresses of the following classmates: Gwili Delaloye, Robert Kreis, Claude Rider, Donald Shone and Patricia Wetch.

Anyone with information is asked to contact Myra Parrish at 797-6361 or Bill Baumer at 831-3682.

How to submit your articles

Items for the organizations page, which includes both clubs and churches, may be directed to the Press-Record/Journal at 1815 Delmar Ave., Granite City, Ill. 62040. Photos of a reprintable quality also will be considered for publication. There is no charge.

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April 10 deadline for 2 BPW scholarships

The Granite City Business and Professional Women's Organization has two \$300 scholarships available for women who are interested in furthering their education and/or career. Applications for either grant must be submitted to Pauline Weir, 3276 Wabash Ave., Granite City, Ill. 62040. Deadline is April 10.

The Verna Lengyel Scholarship

ship; initiated in 1972, was named for a past president of the local BPW. The \$300 grant is awarded to a BPW member, who must meet the eligibility requirements and agree to remain a BPW member for a 2-year period. The Granite City BPW Scholarship was started in 1978 and also is for \$300. This grant is available to any working woman

residing in the area served by the Illinois Federation of BPW Clubs, with priority given to women residing in the local Quad Cities area.

This year's grant will be awarded to a woman whose studies are in the field of health.

Candidates for both grants are required to submit resumes with their applications.

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